



Your Community Bulletin Board

For Northwest Indiana

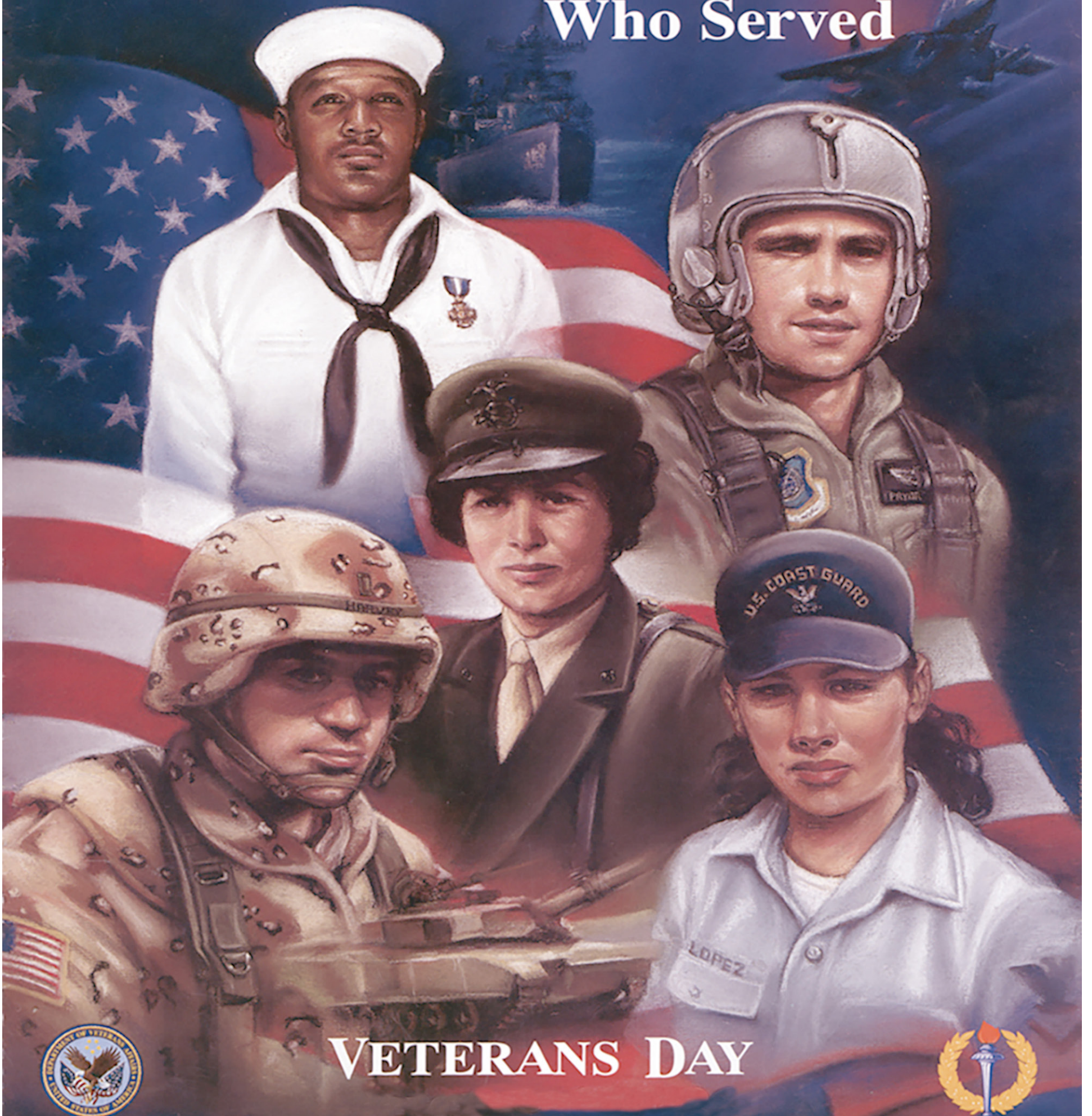
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219.853.6378

**Hammond Department of
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5925 Calumet Avenue
Hammond, IN 219.853.6371

Hammond Mayor's Office
5925 Calumet Avenue
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with great love. —
Mother Teresa*



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November 20

Lighthouse at Dusk

December 17

Wood Pallet Wish Upon a Snowman Star

December 22

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815 Michigan St., Hammond, IN

Deacon Lester Stokes

(219) 931-1301

Sunday School 9:00 a.m.

Sunday 10:30 a.m.

Friday 7:30 p.m.

Greater Works Outreach Prayer and Deliverance Ministry

4822 Kennedy Ave. East Chicago, IN 46312

Apostle Jose Ruiz (219) 852-0677

Sunday 11:30 a.m.

www.greaterwksmin.com

Hammond Christian Reformed Church

1910 167th St, Hammond, IN

Pastor Josh Christoffels

(219) 844-3331

Sunday School 9:50 a.m.

Sunday Worship 11:00 a.m.

Coffee Break Tuesday 9:00 a.m.

Ladies Bible Study Tuesday 6:00 p.m.

www.hammondcrc.org

Living Water Missionary Baptist Church

6511 Jefferson Avenue

Hammond, Indiana 46324

(219) 853-9951

Sunday School 10:00 a.m.

Sunday Worship 11:15 p.m.

Waterliving621@gmail.com

Mt. Zion Baptist Church

1047 Kenwood St., Hammond, IN

(219) 931-4337

Sunday 11:00 a.m.

Wednesday Bible Study 6:30 p.m.

Wednesday Prayer 6:00 p.m.

New Hope Missionary Baptist Church

1117 Merrill St., Hammond, IN

Reverend Herman A. Polk, Sr.

(219) 932-5955

Sunday 10:30 a.m.

Sunday School 9:00 a.m.

Wednesday 8:30 a.m, 1:30 & 7:00 p.m.

New Zion Temple Church

926 Morris Street, Hammond, IN

Bishop Brandon A. Jacobs

(219) 931-ZION (9466)

Sunday School 9:30 a.m.

Sunday Morning Worship 11:30 a.m.

Wednesday Prayer 6:30 p.m.

Wed Bible Study 7:00 p.m.

www.newziontemple.org

Saint Joseph Roman Catholic Church

5310 Hohman Avenue

Hammond, IN 46320

Rev. Jeffrey Burton, Pastor

(219) 932-0702

Sunday: 9:00 am Mass in Church

Monday,

Wednesday

& Friday: 9:00 am Mass in Chapel

saintjosephhammond@comcast.net

Testimony C.O.G.I.C. of Hammond

1022 Cleveland St, Hammond, IN

Elder Patrick Williams

(219) 937-4676

Sunday School 10:30 a.m.

Sunday Worship 11:30 a.m.

Friday 7:30 p.m.

The Word Made Flesh Ministries

700 Sibley St. Hammond, IN 46320

Pastor Apostle James E. Ford

Contact: Michelle Ford 708-415-3027

Email: Wordmadeforhim@gmail.com

Trinity Lutheran Church

7227 Hohman Ave, Hammond, IN

(219) 932-4660

Sunday Worship 9:00 a.m.

Sunday School 10:30 a.m.

On FACEBOOK

Trinity Evangelical Lutheran Church

www.trinityhammond.com

Woodmar United Methodist Church

7320 Nortcote Ave, Hammond, IN

(219) 844-3030

Sunday Worship 10:15 a.m.

www.woodmarumc.org

*“We come to
church not
to hide our
problems
but to heal
them.”*

~ Dieter F. Uchtdorf

*Most People
are either
Natural Talkers
or Natural
Listeners*

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**information submitted subject to editing for clarity and space allotted*

\$22.5 Million Redevelopment Planned for Renaissance Towers Apartments in Hammond

The City of Hammond is proud to announce a major \$22.5 million investment in the comprehensive renovation of Renaissance Towers & Apartments, one of Indiana's largest affordable housing communities.

The planned rehabilitation will cover the entire complex — including two senior towers and 12 family buildings, totaling 450 units — with an average investment of approximately \$50,000 per apartment. Construction is expected to take 18 months once the project commences. During the redevelopment and construction, disruption to residents will be minimized as the developer is committed to

completing individual units in as little as a week's time.

The redevelopment will be led by Renaissance Preservation LLC and their preservation division Sena Affordable Communities, a nationally recognized leader in affordable housing preservation. The developer has applied for tax credits through the Indiana Housing and Community Development Authority (IHCDA), with the City of Hammond providing a letter of support for the application. Renaissance Preservation LLC anticipates closing on the transaction sometime between the end of this year and March 2026.



“Sena Affordable Communities, in collaboration with the City of Hammond, is proud to invest more than \$26 million in the transformative renovation of Renaissance Towers Apartments for the families and seniors that call it home,” said parent



company L+M Development Senior Associate Sophie Cohen. “This project is set to deliver modern, comfortable and energy efficient apartments and shared spaces, with comprehensive infrastructure and facade upgrades that will shore up the community for decades to come.”

Mayor Thomas M. McDermott, Jr. commended the developer's professionalism and commitment to Hammond. “Sena Affordable Communities and the L+M team have been excellent partners—professional, responsive, and committed

to long-term community investment,” said Mayor McDermott. “This major renovation will not only modernize Hammond's largest affordable housing community but also strengthen the city's ongoing efforts to improve living conditions for our residents.”

Sena Affordable Communities is also exploring additional opportunities to invest in and update other residential complexes in Hammond, reinforcing their long-term commitment to the city.

Source: City of Hammond

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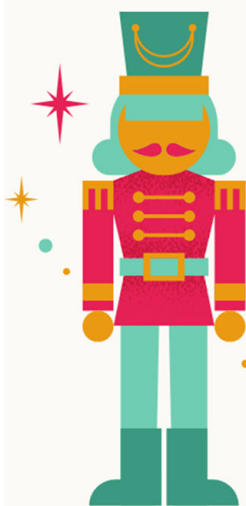
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Dr. Alexander Alemis, founder and president of Family Dental Care, discusses the oral health challenges veterans face daily and how his practice supports them by providing the highest quality care possible. He discusses some common issues such as gum disease, TMJ disorder, tooth decay, and longterm health problems associated with specific deployment.

At Family Dental Care, we go above and beyond for all our patients and are committed to empowering our veteran patients with the knowledge and tools to maintain their oral health. Through personalized education, we teach effective brushing and flossing techniques, stress the importance of regular check-ups, and provide guidance on managing their oral health conditions, big or small.

Our goal is to not only address existing dental issues but to help prevent future complications, ensuring that our patients get the smile they deserve.

Pictured above is also our Chief Operating Officer, Laura Pugh, explaining the dental benefits for veterans and seniors. She also goes in-depth talking about how Family Dental Care provides multiple discount plans, one being for veterans and one for anyone who does not have insurance. We find providing these resources to our patients is vital to create a beneficial and successful practice because it ensures that all individuals, regardless of their insurance status, have access to affordable dental care. By offering discount plans for veterans, seniors, and the uninsured, this can reduce the financial barriers that often prevent individuals from seeking necessary dental treatments. At Family Dental Care, we believe everyone should have access to oral care, no matter their circumstances.



Make an appointment with us now at any of our locations by going on our website, www.FamilyDentalCare.com!



Family DENTAL CARE™

Sistine Chapel ceiling opens to public



most famous of these is The Creation of Adam, a painting in which the arms of God and Adam are stretching toward each other. In 1512, Michelangelo

The ceiling of the Sistine Chapel in Rome, one of Italian artist Michelangelo's finest works, is exhibited to the public for the first time on November 1, 1512.

Michelangelo Buonarroti, the greatest of the Italian Renaissance artists, was born in the small village of Caprese in 1475. The son of a government administrator, he grew up in Florence, a center of the early Renaissance movement, and became an artist's apprentice at age 13. Demonstrating obvious talent, he was taken under the wing of Lorenzo de' Medici, the ruler of the Florentine republic and a great patron of the arts. After demonstrating his mastery of sculpture in such works as the Pieta (1498) and David (1504), he was called to Rome in 1508 to paint the ceiling of the Sistine Chapel—the chief consecrated space in the Vatican.

Michelangelo's epic ceiling frescoes, which took several years to complete, are among his most memorable works. Central in a complex system of decoration featuring numerous figures are nine panels devoted to biblical world history. The

completed the work.

After 15 years as an architect in Florence, Michelangelo returned to Rome in 1534, where he would work and live for the rest of his life. That year saw his painting of the The Last Judgment on the wall above the altar in the Sistine Chapel for Pope Paul III. The massive painting depicts Christ's damnation of sinners and blessing of the virtuous and is regarded as a masterpiece of early Mannerism.

Michelangelo worked until his death in 1564 at the age of 88. In addition to his major artistic works, he produced numerous other sculptures, frescoes, architectural designs, and drawings, many of which are unfinished and some of which are lost. In his lifetime, he was celebrated as Europe's greatest living artist, and today he is held up as one of the greatest artists of all time, as exalted in the visual arts as William Shakespeare is in literature or Ludwig van Beethoven is in music.

Source: History.com Staff



HAMMOND
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Romance Recent Releases

Pitcher Perfect

by Tessa Bailey

When Boston University softball pitcher Skylar Paige catches the eye of rookie Boston Bearcats hockey player (and notorious playboy) Robbie Corrigan, she wants nothing to do with him -- until he devises a fake-dating scheme to make her crush jealous. This 4th banter-filled entry in bestselling author Tessa Bailey's Big Shots sports romance series will be a home run for fans of Elle Kennedy's Campus Diaries novels.

The Battle of the Bookshops

by Poppy Alexander

In this feel-good contemporary retelling of Romeo and Juliet, publishing assistant Jules Capelthorne returns home to quaint seaside village Portneath, England, to help her great-aunt Flo with her family's foundering bookstore. The only problem? Her childhood crush, wealthy Roman Montbeau, is also in town -- and he's just opened a rival bookstore across the street. For fans of: You've Got Mail; Battle of the Bookstores by Ali Brady.

The Gilded Heiress

by Joanna Shupe

In Gilded Age Boston, cash-strapped con artist Leo Hardy meets street performer Josie Smith, who bears a striking resemblance to a New York socialite whose daughter was kidnapped as a child. Leo concocts a scheme to pass Josie off as the daughter so he can collect a sizeable reward, but the pair's growing chemistry

makes the deception difficult. For fans of: Anastasia-inspired romances like Kate Bateman's The Princess and the Rogue.

Gabriela and His Grace

by Liana De la Rosa

In this steamy 3rd and final Luna Sisters Victorian romance, Mexican heiress Gabriela Luna sparks an unexpected attraction with the arrogant Sebastian, Duke of Whitfield, with whom she is forced to share a ship cabin after fleeing from her would-be suitors. Try this next: A Tropical Rebel Gets the Duke by Adriana Herrera.

Rise and Divine

by Lana Harper

In this steamy conclusion to the Witches of Thistle Grove series, devil eater Dasha Avramov and her witch ex-girlfriend Ivy team up to save their town -- and maybe their relationship -- after a malevolent entity descends on Thistle Grove during a festival. Try these next: Hazel Beck's Witchlore novels; Molly Harper's Starfall Point series.

Bears Behaving Badly

by MaryJanice Davidson

Werebear Annette Garsea, a dedicated Interspecies Placement Agency caseworker, teams up with her colleague (and secret crush), bear-shifter PI David Auberon, to protect a group of shifter teens from traffickers. This 1st in the action-packed BeWere My Heart series will appeal to fans of The Fake Mate by Lana Ferguson and Shelly Laurenston's Honey Badger Chronicles novels.

Source: Hammond Public Library

Famous people from Indiana “Michael Jackson”

Gary, Indiana, is the singer's birthplace. Also known as the King of Pop, he is among the most important cultural icons of the 20th century. Michael Jackson altered the public's perception of music. His chart-topping hits were also responsible for starting the never-ending frenzy. Pop and rock are said to have been born because of him.

He was a genuine music catalyst, and his extraordinary gift and extraordinary talent catapulted him to international fame. His numerous honors and titles, such as “King of Pop” and “Artist of the Decade, Generation, Century, and Millennium,” attest to his captivating musical career.

Michael Joseph Jackson (August 29, 1958 – June 25, 2009) was an American singer, songwriter, dancer, and philanthropist. Dubbed the “King of Pop”, he is regarded as one of the most culturally significant figures of the 20th century. Over a four-decade career, his music achievements broke racial barriers in America and made him a dominant figure across the world. Through songs, stages, and fashion, he proliferated visual performance for artists in popular music; popularizing street dance moves including the moonwalk, the robot, and the anti-gravity lean. Jackson is often deemed the greatest entertainer of all time based on his acclaim and records.

The eighth child of the Jackson family, Michael made his public debut in 1964 at age six, as a member of the Jackson 5 (later known as the Jacksons). After signing with Motown in 1968, the band achieved worldwide success with him as its lead singer. Jackson achieved solo

stardom with the release of his fifth album *Off the Wall* (1979). He followed it up with *Thriller* (1982), the best-selling album of all time, which catapulted him to a rare level of fame, whilst aiding in the popularization of MTV and revolutionizing the music video medium with the videos for its title track along with “Beat It” and “Billie Jean”. Jackson furthered his position as a global superstar with *Bad* (1987), the world's best-selling album of both 1987 and 1988, as well as the first album to produce five US Billboard Hot 100 number-one singles: “I Just Can't Stop Loving You”, “Bad”, “The Way You Make Me Feel”, “Man in the Mirror”, and “Dirty Diana”. *Dangerous* (1991) marked a new era for Jackson, lauded as his most artistic and socially conscious album. *HISTORY* (1995) produced “You Are Not Alone”, the first song to debut at number one on the US Billboard Hot 100. His final album, *Invincible*, was released in 2001.

From the late 1980s, Jackson became a figure of controversy and speculation due to his changing appearance, relationships, behavior, and lifestyle. He was accused of sexually abusing the child of a family friend in 1993. In 2005, Jackson was tried and acquitted of further child sexual abuse allegations and all other charges. While preparing for *This Is It* (a series of comeback concerts), Jackson died in 2009 from an overdose of propofol administered by his personal physician Conrad Murray, who was convicted in 2011 of involuntary manslaughter. Jackson's death triggered reactions around the world, creating unprecedented surges

of internet traffic and a spike in sales of his music. His televised memorial service, held at the Staples Center in Los Angeles, was estimated to have been viewed by more than 2.5 billion people.

Jackson is one of the best-selling music artists of all time, with estimated sales of over 500 million records worldwide. He had 13 Billboard Hot 100 number-one singles (the fifth-highest in Hot 100 history) and is the first artist to have a top-ten single on the chart in five different decades. Jackson was inducted into the Rock and Roll Hall of Fame (twice), the National Rhythm & Blues Hall of Fame, the Vocal Group Hall of Fame, the Songwriters Hall of Fame and the Dance Hall of Fame (the only recording artist to be inducted). One of the most-awarded artists in popular music, his accolades include 13 Grammy Awards, the Grammy Legend Award, and the Grammy Lifetime Achievement Award; 26 American Music Awards, including Artist of the Century; 12 World Music Awards; six Brit Awards; the Bambi Pop Artist of the Millennium Award; and three presidential honors. In 1992, Jackson founded Heal the World Foundation, donating an estimated \$500 million to charity throughout his lifetime. In 2024, half of his music catalogue sold to Sony for \$600 million, the largest music acquisition for a single artist in history.

On June 25, 2009, less than three weeks before his concert residency was due to begin in London, with all concerts sold out, Jackson died from cardiac arrest, caused by a propofol and benzodiazepine overdose. Conrad Murray, his personal physician, had given Jackson



various medications to help him sleep at his rented mansion in Holmby Hills, Los Angeles. Paramedics received a 911 call at 12:21 pm Pacific time (19:21 UTC) and arrived at the property four minutes later.[Jackson was not breathing and CPR was performed. Resuscitation efforts continued en route to Ronald Reagan UCLA Medical Center, and for more than an hour after Jackson's arrival there, but were unsuccessful, and Jackson was pronounced dead at 2:26 pm Pacific time (21:26 UTC). Murray had administered propofol, lorazepam, and midazolam; Jackson's death was caused by a propofol overdose.

News of his death spread quickly online, causing websites to slow down and crash from user overload, and it put unprecedented strain on many services and websites including Google, AOL Instant Messenger, Twitter and Wikipedia. Overall, web traffic rose by between 11% and 20%. MTV and BET aired marathons of Jackson's music videos, and Jackson specials aired on television stations around the world. MTV briefly returned to its original music video format, and they aired hours of Jackson's music videos, with live news specials featuring reactions from MTV personalities and other celebrities.

Research by: George Triantafyllou

Improve Your Well-Being at Work Infographic

*Busy days. Endless demands.
Distractions everywhere.*

Working is filled with many frustrations. But the good news is that there are ways to prioritize your mental and physical well-being during the work day. Even small changes matter and can lead to big improvements. Here are some top tips that you can start today.

1. **Stay Hydrated:** When work gets hectic, you may forget about healthy habits like drinking enough water. Use a refillable water bottle to track your intake. Or make a game out of staying hydrated with your coworkers or family members; when someone says “water check,” everyone must take a drink.

Why? Drinking enough water has many benefits, including improving brain function.

2. **Find Time for Lunch:** Schedule time for lunch every day. Read that again and then make it happen. If possible, eat away from your work space so you can focus on your meal and enjoy your downtime.

Why? Good nutrition improves physical health and may help decrease stress and anxiety. A lunch break also helps you avoid getting too hungry and then overeating, or snacking mindlessly later.

3. **Make Minutes Matter:** Allow breaks throughout the day. Even 5-10 minutes between meetings will give you time to decompress, use the bathroom, stretch your legs or get some fresh air before diving back into work.

Why? Short breaks help you handle stress and recharge your body and mind.

4. **Limit Distractions:** Turn your phone on silent when you do not want to be disturbed. Or, find other ways to create fewer interruptions from coworkers or family members. Consider placing a “busy” sign at your work area when you need to concentrate.

Why? Limiting distractions makes you more productive at work and more present at home.

5. **Practice Gratitude:** Celebrate small wins throughout the day. Keep a journal at your workspace where you write down all of your successes. Encourage coworkers to do the same and share something from your lists at the start of your next meeting to highlight progress.

Why? Positive thinking increases your optimism and can improve mental health.

Improving your well-being at work:

- Increases concentration and productivity
- Lowers stress
- Strengthens the immune system
- Reduces risks of injury and disease
- Boosts quality of life

Mental Health in the Workplace

Surgeon general’s focus on mental health in the workplace mirrors AHA initiative

A healthier workplace makes for healthier people and communities, according to the U.S. surgeon general, whose recent landmark report on mental health and well-being in the workplace complements the American Heart Association’s Well-being Works Better initiative.

“When the mental health of workers suffers, so do workplace productivity, creativity and retention,” said Surgeon General Dr. Vivek Murphy.

The report was prompted by the profound impact the COVID-19 pandemic has had on work in America. The numbers are startling:

- 76% of U.S. workers in a 2021 survey reported at least one symptom of a mental health condition, such as anxiety or depression, a 17% jump in only two years.
- 81% of workers said they will be looking for workplaces that support mental health in the future.

The surgeon general presents a framework of five essentials to organizations that want to support the mental health and well-being of workers and includes evidence-based practices for doing so.

Here are the five essentials and how employers can promote them:

1. **Protection from harm:** Ensure physical and psychological safety; allow adequate rest; provide mental health support and policies that promote diversity, equity, inclusion and accessibility.
2. **Connection and community:** Encourage a sense of inclusion and belonging; cultivate trusted relationships; promote collaboration and teamwork.
3. **Work-life harmony:** Provide more autonomy on how work is done; make schedules as flexible and predictable as



**American
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Association®**

possible; increase access to paid leave; respect boundaries between work and nonwork time.

4. **Mattering at work:** Pay a living wage; engage workers in decision-making; build a culture of gratitude and recognition; connect individual work to organizational mission.

5. **Opportunities for growth:** Offer training, education and mentoring; create clear, equitable pathways for advancement; ensure relevant, reciprocal feedback.

The surgeon general champions workplaces as “engines for mental health and well-being,” which is how the Well-being Works Better Scorecard assesses them as well. The scorecard, developed with CEOs, industry leaders and AHA volunteers, helps businesses build a healthier, more equitable and productive workforce through evidence-based evaluation and analysis.

Both efforts identify similar grounds for success: safety, security, equity and opportunity. The scorecard goes further, generating data that pins down the substantive changes a business can make in programs and policies to transform its work environment

Source: *American Heart Association News*

Indiana, Sheriff's Department

Warrant Division

For Lake County of Indiana.



WANTED

Name: PANAYOTOVICH, ELI DANIEL

Alias:

Sex MALE

Height 5'11'

Weight 260 Pounds

Eyes Brown

Hair Brown

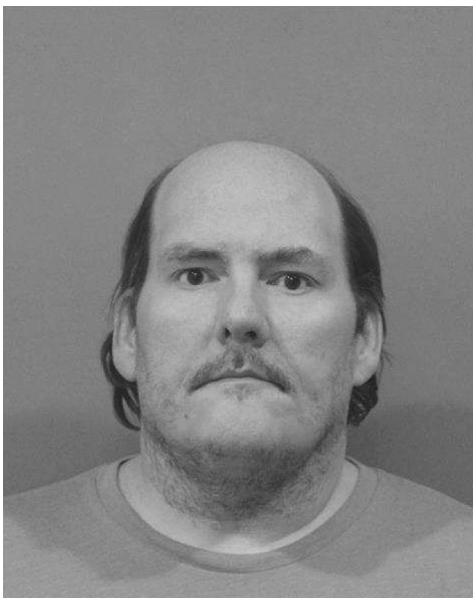
Marks/Scars/Tattoos ..

Wanted For: INTIMIDATION WITH

..... DEADLY WEAPON

Name #: 070N04308

Date of Birth 1/14/1977



WANTED

Name: LOPEZ, JULIAN JORGE

Alias:

Sex MALE

Height 5'8'

Weight 213 Pounds

Eyes Brown

Hair Brown

Marks/Scars/Tattoos ..

Wanted For: DEALING COCAINE

..... XXX

Name #: 100N52564

Date of Birth 2/16/1998



WANTED

Name: MORRIS, NIKOLUS STEPHEN

Alias:

Sex MALE

Height 5'10'

Weight 175 Pounds

Eyes Brown

Hair Black

Marks/Scars/Tattoos ..

Wanted For: FAILURE TO REGISTER

..... AS A SEX OFFENDER

Name #: 090N11864

Date of Birth 2/23/1991



WANTED

Name: MILLER, RUSSELL ALLEN

Alias:

Sex MALE

Height 6'

Weight 230 Pounds

Eyes Blue

Hair Brown

Marks/Scars/Tattoos ..

Wanted For: POSSESSION OF

..... METHAMPHETAMINE

Name #: 990017260

Date of Birth 6/16/1980



Anyone with information concerning this subject please contact: Lake County, Indiana, Sheriff's Department Warrant Division
(219) 755-3057 Report A Crime HOT LINE (800) 750-2746

All persons depicted in this publication are presumed to be innocent until proven guilty in a court of law. At the time of printing, all persons pictured are being sought by local law enforcement agencies for outstanding warrants or as a suspect in a crime for identification purposes. Do not attempt under any circumstance to apprehend any persons depicted in this publication. All persons may be considered armed and dangerous by law enforcement.

All information was obtained from the The Lake County Sheriff's Department website. CR Publications is not liable for any misinformation.



Prices start from
\$9.50 S-XL
\$11.50 2X and 3X

CR PUBLICATIONS

to order call 219-931-6700

2025 City of Hammond Ring Doorbell Program

..... WE ARE THEIR EYES AND EARS OF OUR HAMMOND POLICE DEPARTMENT TO KEEP OUR COMMUNITY SAFE



To receive a **FREE** Ring Doorbell **YOU MUST:**

- Own and reside in your Hammond home
- Provide proof of homeownership
- Provide a valid driver's license or state ID

Only one doorbell per property address/owner

Applications, including the above information,
must be received before November 14, 2025

At <https://tally.so/r/w7G58L>

A drawing will be held November 25, 2025

You will be notified via email if you qualify for the FREE Ring Doorbell

SPONSORED BY

Hammond Community Watch, Hammond Urban Enterprise Association
AND

Mayor Thomas McDermott, Jr.