

A

June 15, 2023



## SERVICE DIRECTORY

#### **Automotive - Services**

#### Air One Service Center

1831 Indianapolis Boulevard Whiting, Indiana 219.659.TOWS

#### **Body Shops**

#### **State Auto Body**

1243 Summer St. Hammond, IN 219.931.0721

#### **Business Organization**

#### **Lakeshore Chamber of Commerce**

7120 Indianapolis Boulevard Hammond, IN 46324 219.931.1000

#### Whiting/Robertsdale **Chamber of Commerce**

119th St Whiting, IN 219.659.0292

#### **Computer Service**

#### **Jam Computer Service**

Software & PC Services 219.931.6700

#### **Democratic Organizations**

#### Franklin D. Roosevelt Club

Last Thursday of every month at the Mohawks 4040 Calumet Ave, Hammond, IN

#### Hammond Democratic Committee

Chairman Dave Woerpel 7440 Olcott Avenue, Hammond, IN 46324 219.808.9743

#### **Hessville Central Democratic Club**

3031 Mahoney Drive Hammond, IN 219.545.1942

#### Electrician

#### **Central Electric**

Ed Marzec New & Rewire Licensed, Bonded, & Insured 219.844.5884

#### Funeral - Services

#### Smith, Bizzell & Warner

4209 Grant Street Gary, IN 46408 219.887.1852 smithbizzellwarnerfuneralhome.com

#### Government

#### **Hammond City Clerks Office**

5925 Calumet Ave. Hammond, IN 219.853.6346 www.am legal.com/hammond in

#### **Hammond Park Foundation**

3031 Mahoney Dr. Hammond, IN 463223 219.853.6378

#### **Hammond Department of** Planning & Development

5925 Calumet Avenue Hammond, IN 219.853.6371

#### **Hammond Mayor's Office**

5925 Calumet Avenue Hammond, IN 46320 219.853.6301

#### **Hammond Port Authority**

701 Casino Center D Hammond, IN 46320 219.659.7678

#### **Insurance - Services**

#### Ron J. Prestamer Agency, Inc.

7207 Indianapolis Blvd. Hammond, IN 46324 219.844.0103

EMAIL: NEWSDESK@CRPUBNWI.COM

ronjprestamer@gmail.com www.prestamerinsurance.com

#### **Pest Control - Services**

#### **Big Foot Howard**

Pest Services 219-321-7619

#### **Towing**

#### **Alamo Auto Service**

Towing & Auto Repair 6923 Hohman Ave. Hammond, IN 219.932.8909

#### Herrera Towing Inc.

1831 Indianapolis Blvd. Whiting, Indiana 219.659.8697

#### McCoy & Sons Towing

1405 Summer St Hammond, IN 219.659.0687

#### **State Auto Body**

1243 Summer St. Hammond, IN 219.931.0721



## **WJOB VETERANS VIEWS**

Fri 9 am - 10 am (219) 845-1100 Live Call In

1230 AM & 104.7 FM

#### Call for **Sponsorship Info**

Ernie Dillon (219) 789-0077

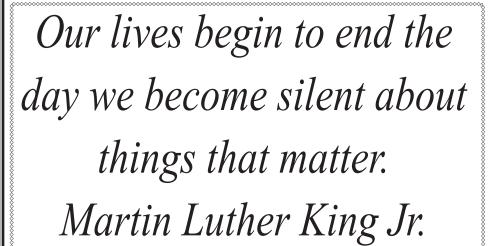
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Call us (219) 931-6700





## **State Auto Body & Towing**

We buy and tow scrap cars.

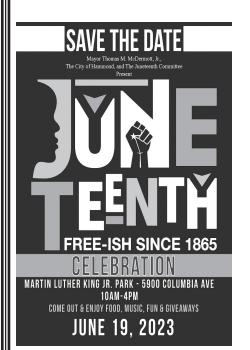
**Avoid Costly Fines!** 

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"Over 50 Years if Quality Service"

## 3rd Annual Juneteenth **Celebration**



Thomas Mayor M. McDermott, Jr., and the Juneteenth Committee invite the public to attend the 3rd Annual Juneteenth Celebration that will take place on Monday, June 19, 2023, beginning with a short program in Freedom Plaza of Rev. Dr. Martin Luther King, Jr. Park located at 5925 Columbia Avenue beginning at 10:00 a.m. There will be food trucks, craft vendors, music by DJ Okarri, and much more.

This year the committee will be honoring the Hammond Central Boys Varsity Basketball Team for winning the Class 4A Regional Championship game in Michigan City earlier this year.

Juneteenth is a holiday celebrating the emancipation of those who had been enslaved in the United States. Originating in Galveston, Texas, it is now celebrated annually on the 19th of June throughout the United States, with varying official recognition. It is commemorated on the anniversary date of the June 19, 1865 announcement by Union Army general Gordon Granger, proclaiming freedom from slavery in Texas. For more information call 853-6358 ext. #2

Source: City of Hammond

## Mayor's Night Out

June 21	3rd District	Sportsplex and Community Center
		6630 Indianapolis Boulevard
August 30	4th District	Edison Elementary School Cafeteria
		7025 Madison Avenue
		Jefferson Elementary
Contombor 27	5th District	School-Cafeteria
September 27	Stn District	School-Careteria
		6940 Northcote Avenue
November 15	6th District	Scott Middle School Cafeteria
		3635 173rd Street

Subject to change. All programs are from 6:30pm-8:30pm.

## **PARKING LOT PICNICS**

Hammond Christian Reformed Church and the Blvd North Townhomes will co-sponsor picnics on Saturday, June 24, 2023 and Saturday, July 29, 2023 from 11 a.m. to 2 p.m. The picnics will be held on the church parking lot at 167th Street and Baring Ave. across from the Sports Complex. There will be free parking west of the Sports Complex.

The picnics will feature face painting and games. There will be prizes. There will also be a bouncy house.

Hot dogs, chips, salad, drinks and desserts will be served.

Join us for a time of fun and fellowship from 11 a.m. to 2 p.m. Call (219) 844-3331 for more information.

You are invited to attend our worship services each Sunday morning at 11 a.m. Coffee and cookies are served after each service.

HAMMOND CHRISTIAN REFORMED CHURCH

1910 – 167th Street Hammond, Indiana 46324

Phone: 219-844-3331

EMAIL: NEWSDESK@CRPUBNWI.COM

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## Church Directory

#### Bethel Congregational C.O.G.I.C.

815 Michigan St., Hammond, IN Deacon Lester Stokes

(219) 931-1301

Sunday School 9:00 a.m.
Sunday 10:30 a.m.
Friday 7:30 p.m.

#### **Black Oak Church of Christ**

2844 Stevenson St., Gary, IN Pastor Steve Martinez (219) 844-1789

Sunday 10:30 a.m.

### Greater Works Outreach Prayer and Deliverance Ministry

4822 Kennedy Ave. East Chicago, IN 46312 Apostle Jose Ruiz (219) 852-0677 Sunday 11:30 a.m.

www.greaterwksmin.com

#### **Hammond Christian Reformed Church**

1910 167th St, Hammond, IN Pastor Josh Christoffels (219) 844-3331

Sunday School 9:50 a.m.
Sunday Worship 11:00 a.m.
Coffee Break Tuesday 9:00 a.m.
Ladies Bible Study Tuesday 6:00 p.m.

(minimum 4 issues)

www.hammondcrc.org

#### **Hyde Park United Methodist Church**

6348 Harrison Ave., Hammond, IN Pastor Darryl Dorton (219) 932-0613

Sunday 10:30 p.m. Thursday Thrift shop 9:00 a.m.-Noon

Last Saturday of the month

Free Pancake breakfast 9-11 a.

#### **Living Water Missionary Baptist Church**

6511 Jefferson Avenue Hammond, Indiana 46324 Pastor Roosevelt Dixon (219) 853-9951

Sunday School 10:00 a.m. Sunday Worship 11:15 p.m.

Waterliving621@gmail.com

#### Mt. Zion Baptist Church

1047 Kenwood St., Hammond, IN Reverend William R. Collins (219) 931-4337

Sunday 11:00 a.m. Wednesday Bible Study 6:30 p.m. Wednesday Prayer 6:00 p.m.

#### **New Hope Missionary Baptist Church**

1117 Merrill St., Hammond, IN Reverend Herman A. Polk, Sr. (219) 932-5955

Sunday School 10:30 a.m. Sunday School 9:00 a.m. Wednesday 8:30 a.m, 1:30 & 7:00 p.m.

#### **New Zion Temple Church**

926 Morris Street, Hammond, IN Bishop Brandon A. Jacobs (219) 931-ZION (9466)

Sunday School 9:30 a.m. Sunday Morning Worship 11:30 a.m. Wednesday Prayer 6:30 p.m. Wed Bible Study 7:00 p.m.

www.newziontemple.org

#### Saint Joseph Roman Catholic Church

5310 Hohman Avenue Hammond, IN 46320 Rev. Jeffrey Burton, Pastor (219) 932-0702

Sunday: 9:00 am Mass in Church

Monday, Wednesday

& Friday: 9:00 am Mass in Chapel saintjosephhammond@comcast.net

#### Testimony C.O.G.I.C. of Hammond

1022 Cleveland St, Hammond, IN Elder Patrick Williams

(219) 937-4676

Sunday School 10:30 a.m. Sunday Worship 11:30 a.m. Friday 7:30 p.m.

#### **Trinity Lutheran Church**

7227 Hohman Ave, Hammond, IN (219) 932-4660

Cunday Warshin

Sunday Worship 9:00 a.m. Sunday School 10:30 a.m.

On FACEBOOK

Trinity Evangelical Lutheran Church www.trinityhammond.com

"We come to church not to hide our problems but to heal them."

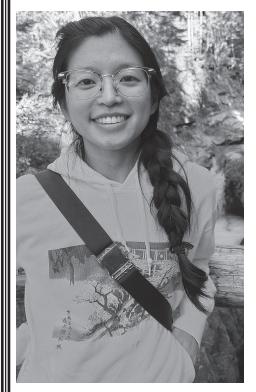
~ Dieter F. Uchtdorf

# Church Directory Listing \$8.00 per/issue

(219) 931-6700 newsdesk@crpubnwi.com

\*information submitted subject to editing for clarity and space allotted

## Humane Indiana Welcomes Dr Kristy Yu



Dr Kristy Yu

Kristy Yu, DVM, has been appointed as Clinic Associate Veterinarian at Humane Indiana (HI).

Yu relocated from Henderson, Nevada to work with HI. She previously served as an Associate Veterinarian in Nevada and Texas, and has expertise in not just domestic pets, but also wildlife.

Dr. Yu also completed externships and supported research projects focused on Muscovy ducks, white-tailed deer, and loggerhead shrikes.

She also provided enrichment and treatment to bears at the Chengdu Bear Rescue Centre in China.

"Dr. Yu's experience and passion for serving both wildlife and domestic pets is the perfect fit for Humane Indiana, and we are very glad to welcome her to our team," said HI CEO Brian Fitzpatrick.

Dr. Yu earned her doctorate in Veterinary Medicine at Texas A&M University. She received the President's Volunteer Service Award for Environmental Stewardship and was co-president of Green Vets, an association for veterinarians interested in careers in conservation medicine and to promote education about environmental issues, endangered species, and living green.

Dr. Yu will provide veterinary care at HI's clinic in Munster and provide medical oversight for the treatment of injured, ill, or orphaned wildlife patients at HI's Wildlife Rehab & Education Center in Valparaiso.

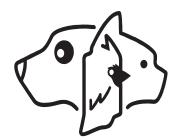
With donations from the public, the clinic provides

significantly discounted pet preventative care, medications, and spay and neuter services to reduce pet overpopulation to income-eligible people participating in public assistance programs like SNAP, Medicaid, or WIC; to pit bulls and pit mixes; and to all residents of East Chicago, Hammond, Merrillville, and Gary.

Each year HI impacts more than 15,000 animals and 30,000 people throughout northwest Indiana through HI's shelter/adoption center, clinic, pet food/supply pantry, pet foster care, homelessness prevention initiatives, and wildlife rehabilitation and education center.

To support the Clinic, Shelter, or Wildlife Center, volunteer, foster, or adopt with Humane Indiana, visit www. humaneindiana.org. To schedule Clinic services, contact 219-922-3811 x 212.

The mission of Humane Indiana (HI) is protecting pets, preserving wildlife, and supporting a nurturing connection between animals and people. HI is the largest



### **Humane Indiana**

and longest-running animal wellbeing organization in Northwest Indiana.

HI provides lifesaving care reaching 15,000 injured, orphaned, or homeless animals annually. We also serve 30,000 people each year.

HI's programs include shelter and adoption, Estelle Marcus Veterinary Clinic serving lowincome people and communities, pet retention programs, shelter transfer partnerships, pet food pantry, spay and neuter services, trap/neuter/restore program for community cats, behavioral training, pet foster care, domestic violence pet partnerships, and wildlife rehabilitation and education center. Learn more at www. humaneindiana.org. Follow HI on Instagram, TikTok, or Facebook: Shelter, PAWS Resale, Wildlife.

Source: Humane Indiana

## McCoy & Sons

(219) 659-0687

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> 9 am to 5 pm Local Tows

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#### HAMMOND CITY ORDINANCES ONLINE

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Robert J. Golec Hammond City Clerk

at

www.amlegal.com/hammond\_in/

HAMMOND CITY CLERKS OFFICE (219) 853-6346



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## Lakeshore Public Media supports another round of "The Round Table Perspective"



Lakeshore Public Media strengthens partnership with Purdue University Northwest (PNW) by providing an in-kind donation of airtime during PNW's annual day of giving to compound fundraising efforts for the Hammond, IN based school. The Northwest Indiana public media station's donation works to renew the collegiately produced show, "The Roundtable Perspective," for 26 new episodes.

"Our primary goal is to strengthen the communities

we serve with a broadcast that engages, informs, and inspires. Partnering with institutions such as PNW, who work to strengthen people through education, not only makes sense, but is crucial to our service. The Roundtable Perspective exposes our audience to pertinent and scholarly conversations, while providing students with the applicable experience necessary for a successful career in the field of media," Lakeshore Public Media President and CEO. Chuck Roberts, said.

"The Roundtable Perspective" is produced by students and faculty of PNW's College of Humanities, Education, and Social Sciences and provides experts a platform for scholarly discussion touching on a variety

of topics and issues. Directing the program is Professor Jake Giles.

"We're excited to produce another season of 'The Roundtable Perspective' and strengthening our partnership with Lakeshore," Giles said. "I believe the show offers a great service to our students, giving them an opportunity to produce a program that is seen all throughout the Region on Lakeshore PBS with all the importance and dignity that the PBS name carries."

The show is structured around an interview format with a scholar or expert to speak on issues in local and national dialogues. The "Roundtable Perspective" airs Fridays at 8:30 p.m. on Lakeshore PBS. The 30-minute weekly program, produced by PNW students,

broadcasts to 3.4 million homes in the area on Lakeshore Public Media's television broadcast. Lakeshore PBS.

"Our students are involved in every facet of the program, from booking the guests to running the cameras to the social media and beyond," Giles said. "We have essentially created a production house around this show, all under the confines of a college course. It's a real-world experience and high stakes for the students."

Through the airtime donation students will have the opportunity to air the results of their production. For more information about the different ways to support PNW with a gift, visit pnw.edu/giving.

Source: Lakeshore Public Media





## Herrera **Towing & Service**

1831 Indianapolis Blvd. Whiting, IN 46394 219-659-TOWS (8697)

Use this ad for \$10. off

## Festival of the Lakes Lil Wayne Free GA Ticket Giveaway



Proof Hammond residency is required. You must provide a valid driver's license or state issued ID. Two (2) free general admission tickets will be given out per address.

Thomas Mayor McDermott, Jr. and the Festival of the Lakes are excited to announce the Lil Wayne Free General Admission ticket giveaway to Hammond residents only. The giveaway will take place on Saturday, June 24th at 9:00 a.m. at the Hammond Civic Center located at 5925 Sohl Avenue, Hammond.

Due to high demand, the quantity of the Free General Admission tickets are limited and there is NO GUARANTEE a Free General Admission ticket will be available to all people at the giveaway; to ensure admittance to the Lil Wayne concert, tickets are available for purchase at FestivalOfTheLakes.com

Source: City of Hammond

## Family Play "Rutherford Wolf" Hammond

Community Theatre presents the family play "Rutherford Wolf", by Thomas Hischak, directed by Valerie Wotkun.

Performed by a multi-generational cast, "Rutherford Wolf" is about a peace-loving, gentle creature who is also a vegetarian. But that doesn't keep various fairy tale characters from raising a panic

because of the bad reputation wolves have in stories. As Rutherford keeps stumbling into famous children's tales -Little Red Riding Hood, The Three Pigs, and Peter and the Wolf, he is expected to be fierce and loathsome. All three stories get interwoven and Rutherford is accused of blowing down houses, eating old ladies and it looks like he might be chopped up into little pieces! Lucky for him the mis-informed people of the forest learn the true nature of the beast, and he escapes with his hide! This fast-paced farce is a delight for both young and adult audiences.





Contact the director Valerie Wotkun at 219-794-5552

Performed at Beatniks On Conkey, 420 Conkey Street, Hammond Indiana.

\$5. Cash only at the door, online tickets available at web site

219-852-0848 for reservations

Friday, July 7, 2023 at 7:30 PM

Saturday, July 8, at 7:30 p.m.

Sunday, July 9, at 2:00 p.m.

More info hammondcommunitytheatre.org

Source: Hammond Community *Theatre* 



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Mayor Thomas M. McDermott, Jr. and the City of Hammond Present OF THE LAKES.COM

#### THIS DAY IN HISTORY JUNE 15, 1864

### **Battle of Petersburg begins**



The Siege of Petersburg Begins

During the Civil War, Ulysses S. Grant's Army of the Potomac and Robert E. Lee's Army of Northern Virginia collide for the last time as the first wave of Union troops attacks Petersburg, a vital Southern rail center 23 miles south of the Confederate capital of Richmond, Virginia. The two massive armies would not become disentangled until April 9, 1865, when Lee surrendered and his men went home.

In June 1864, in a brilliant tactical maneuver, Grant marched his army around the Army of Northern Virginia, crossed the James River unopposed, and advanced his forces to Petersburg. Knowing that the fall of Petersburg would mean the fall of Richmond, Lee raced to reinforce the city's defenses. The mass of Grant's army arrived first. On June 15, the first day of the Battle of Petersburg, some 10,000 Union troops under General William F. Smith moved against the Confederate defenders of Petersburg, made up of only a few thousand armed old men and boys commanded by General P.G.T. Beauregard. However, the Confederates had the advantage of formidable physical defenses, and they held off the overly cautious Union assault. The next day, more Federal troops arrived, but Beauregard was reinforced by Lee, and the Confederate line remained

unbroken during several Union attacks occurring over the next two days.

By June 18, Grant had nearly 100,000 at his disposal at Petersburg, but the 20,000 Confederate defenders held on as Lee hurried the rest of his Army of Northern Virginia into the entrenchments. Knowing that further attacks would be futile, but satisfied to have bottled up the Army of Northern Virginia, Grant's army dug trenches and began a prolonged siege of Petersburg.

Finally, on April 2, 1865, with his defense line overextended and his troops starving, Lee's right flank suffered a major defeat against Union cavalry under General Phillip Sheridan, and Grant ordered a general attack on all fronts. The Army of Northern Virginia retreated under heavy fire; the Confederate government fled Richmond on Lee's recommendation; and Petersburg, and then Richmond, fell to the Union. Less than a week later, Grant's massive army headed off the remnants of the Army of Northern Virginia at Appomattox Station, and Lee was forced to surrender, effectively ending the Civil War.

Source: History.com Staff

## Learn about library and other community organizations from the area

• Books, Brushes & Bands for Education (BBB4E) is a nonprofit organization focused on the education of all youth. Organized in 2000, BBB4E serves public, private, parochial, and home school students ages 5-18. Our goal is to provide high quality fine arts experiences during evening hours. Students may learn to play musical instruments and find their singing voices. Highly-rated instructors, some of which come from the Merit School of Music in Chicago, bring their performance experience to enhance the classroom. In addition, we provide classes so that students experience the visual arts. In 2012, BBB4E created Book Brigade: A Call to Action. Over 15,000 new and gently used children and adult books have been collected and are distributed through various means in Northwest Indiana. We provide classes for Band, Orchestra and Choir for children ages 5 to 18. All classes range from beginner to intermediate, we also provide an adults choir for parents to participate in. Each year we have a Book Brigade that collects new and gently used books and distributes them to families across Northwest Indiana

• Gibson Woods Nature
Preserve (Lake County Parks)
131-acre state-dedicated
nature preserve tucked into

the Hessville neighborhood, part of the Lake County Parks system. Hiking, Environmental Awareness Center with exhibits and bird viewing, Birdwatching, Environmental Education programs for all ages, Group programs, Summer Day Camps (children), Photography, Native gardening resources.

Municipal Parks and Recreation department agency for the City of Hammond Parks, Civic Center, Jean Shepherd Community Center and Sportsplex, Recreation, Fitness, Athletics, Walking Paths, Playgrounds

## • Hessville Commerce and Community Creative (HC3)

HC3 focuses on beautification and revitalization of our Hessville/Hammond area. We also focus on promoting our Downtown Hessville area and Hammond as a whole by organizing events to bring our community and surrounding communities together. Yearly events: St. Patrick's Day Parade, Community clean ups, Live in the Ville, 5k color run, Halloween Dog Walk, Holiday gathering. Beautification projects focusing on Kennedy Avenue. With our new building we will be servicing our community in several ways, we hope within a few years time.

Source: Hammond Public Library



## Purdue Northwest raises historic level of nearly \$2.9 million on PNW Day of Giving

Donor participation in daylong event increases by 34% from 2022 Generous donors to Purdue University Northwest (PNW) lifted the university's one-day fundraising total to a record level of nearly \$2.9 million during PNW's 10th annual Day of Giving on April 26.

PNW raised more than \$2.85 million from more than 1,895 donations in 24 hours.

"This is the highest one-day total amount raised in the history of Purdue Northwest. We are overwhelmed with gratitude for the enthusiastic response of our community," said Lisa Goodnight, vice chancellor of Institutional Advancement. "Day of Giving brings together PNW alumni, leading businesses and charitable organizations, friends to the university from all over the world, and our own students, faculty and staff to invest in PNW's mission to transform lives and Northwest Indiana. We sincerely thank all those who took the time to contribute a gift."

PNW ranked fourth among 77 participating units in the Purdue system for total gifts received. The university was ninth among participating units system-wide in total dollars raised. These achievements awarded bonus money to PNW. Participation in PNW's Day of Giving increased by 34% from 2022, Goodnight noted.

Gifts to PNW support student scholarships, academic programs, Pride athletics, student organizations and other strategic initiatives.

## Highlights of PNW Day of Giving

Gifts of any size make a difference in supporting PNW students and programs. The growth in participation is one of the major achievements of the annual Day of Giving. In addition, key partners to the university made contributions that will have lasting impact on the future of PNW and its students. Some notable highlights include:

- An extraordinary anonymous donor made a transformational \$1.7 million estate gift
- The NiSource Charitable Foundation provided



Purdue University Northwest (PNW) students thank donors for contributing a record of more than \$2.85 million to the university during the annual Day of Giving fundraising event.

Participation in PNW Day of Giving increased by 34% from 2022.

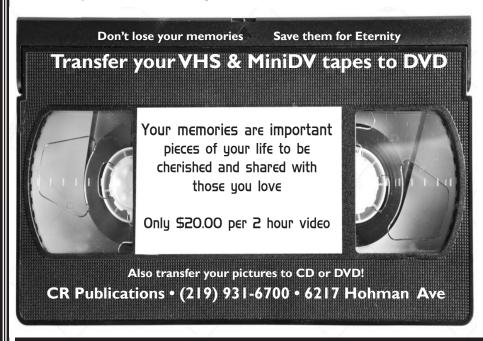
generous support for the Summer INnovation Makers Camp

- BP provided support to fund new summer camp programming in the PNW College of Engineering & Sciences, as well as STEM on the Road programming that promotes STEM education at area K-12 schools
- Another generous donor made an anonymous gift to support the student emergency fund in the PNW College of Nursing
- Through the generosity of Jeff and Shawn Strack two endowed scholarships were established, one for the College of Business and another for PNW student-athletes
- PNW Athletics continued its participation streak with 743 gifts and an increase of 65% over the previous year

- Lakeshore Public Media provided generous support to the Communication and Creative Arts program
- Urschel Laboratories Inc. and its employees continued a longstanding relationship of supporting the Purdue Northwest Sinai Forum.
- The McMillan Family Foundation also made a gift to the Sinai Forum. Stewart McMillan, whose generous support to the PNW Design Studio and other upgraded facilities and student workspaces has made a significant difference to students, is one of three 2023 inductees to the PNW Alumni Hall of Fame.

For more information about the different ways you can support PNW with a gift, visit pnw.edu/giving.

Source: Purdue University
Northwest



## Seniors Live long and healthy

Living with diabetes, while it can be effectively managed, can be tough at times. Every day is a new hurdle with unique challenges that you must jump over. As you get older, jumping over those hurdles can become a bit more challenging, but it's not impossible. With age comes increased risk for specific complications, but with diligence and care you can properly mitigate those risks.

#### Plan for Your Later Years

When we're young, it's hard to even imagine ourselves in our "golden" years, perhaps needing help with everyday activities. But the fact is, Americans are living longer now; and the longer we live, the more likely we'll be to need some kind of long term care.

It's smart to start planning for that care now.

#### What is long term care?

Long term care is any kind of personal care provided on an extended basis for people who need help with certain activities of daily living. It can include feeding, bathing, dressing, etc., and it can be provided at home, in a community center, an assisted care facility or in a nursing home.

## Things you should think about now

You and your family should discuss these topics before you're forced to make quick decisions:

- Who do you want to make decisions regarding your care if you are unable?
- How can you make sure you ease the potential burden on your family?
- What long term care options are available for you (or for your aging parents)?

### Who pays for long term care?

Unfortunately, long term care services are not adequately covered by most types of insurance or government programs. Medicare often covers some nursing care, but for a limited time. Medicaid steps in and pays for nursing home care only after most of your money is gone.

A Certified Financial Planner<sup>TM</sup> can help you put together a financial plan, which may include long term care insurance.

#### Long term care options

Choosing the best type of care for your particular needs and finding the most appropriate care providers can be difficult and confusing. But there's lots of help available.

• Area Agencies on Aging can provide information on all kinds of services for the elderly – from home care and meals to legal help and nursing services. The Eldercare Locator (1-800-677-1116 – 9 AM to 8 PM EST weekdays) can refer

you to your Area Agency on Aging.

• Nursing
Home Compare
on the Internet
at www.
medicare.gov/
nhcompare/
home.asp helps
you locate and

- review nursing homes in your area.
- Hospital Discharge Planners and Social Workers can help coordinate long term care services.

There are also many free brochures available that provide very helpful information, including:

- "A Guide to Choosing a Nursing Home" available from Medicare (1-800-633-4227)
- "How to Choose a Home Care Provider" – from the National Association for Home Care (202-547-7424)

#### End of life planning

It's seldom easy to face the end of a life. So it's only natural that we resist preparing for it.

Unfortunately, a lack of planning just makes it that much more difficult at the end. And when important decisions have to be made quickly and under great stress, it's not uncommon to make very costly mistakes.

So the time to make those decisions is now. The following information will help you get started.

#### An estate plan

Everyone should have an estate plan, no matter how much or how little you have to leave behind. It is the only legal way to ensure that your wishes will be carried out — not only after your death, but if you become incapacitated. An estate planning attorney can draft the components of your estate plan based on your wishes.

#### A letter of instruction

In addition to the legal documents, you should write a simple letter of instruction; and make sure that those close to you know where to find it. This letter may include:

- Your wishes for a funeral and any prearrangements you've made with a funeral home and or cemetery
- Information about your insurance policies including Medicare
- A list of your financial accounts including checking, savings, CDs, investments, loans, etc.
- The location of important papers and the key to your safe deposit box and/or any locked containers
- Persons to contact

Review your estate plan periodically to ensure that it is up-to-date with your assets and your wishes.

## Preplanning funeral arrangements

One of the most thoughtful things you can do for your family is to give them the freedom to celebrate your life instead of the burden of planning your funeral. When you are ready to take that step, a trusted funeral provider can explain all of the options available to you, including the details of your service, from the music to the flower arrangements. A great level of customization can go into funeral or memorial services today, and preplanning allows you to share the specifics about which type of service you prefer. Reflecting on your options and planning something meaningful to you and your loved ones ensures that your final arrangements appropriately celebrate your life. It also allows your loved ones to grieve and remember without the emotional and financial burdens often associated with planning a funeral.

Source: American Diabetes Association





## SEEKING INFORMATION

# ASSAULT ON FEDERAL OFFICERS AND VIOLENCE AT THE UNITED STATES CAPITOL WASHINGTON, D.C. JANUARY 6, 2021



Photograph #395-AFO



Photograph 442-AFO



Photograph #370-AFO



Photograph #476-AFO



Photograph #530-AFO



Photograph #425-AFO



Photograph #432-AFO



Photograph #388-AFO



Photograph #449-AFO



Photograph #378-AFO

#### **DETAILS**

The Federal Bureau of Investigation's (FBI) Washington Field Office is seeking the public's assistance in identifying individuals who made unlawful entry into the United States Capitol Building and assaulted federal law enforcement personnel on January 6, 2021, in Washington, D.C.

Anyone with information regarding these individuals, or anyone who witnessed any unlawful violent actions at the Capitol or near the area, is asked to contact the FBI's Toll-Free Tipline at 1-800-CALL-FBI (1-800-225-5324) to verbally report tips. You may also submit any information, photos, or videos that could be relevant online at fbi.gov/USCapitol. You may also contact your local FBI office or the nearest American Embassy or Consulate.

When calling to provide a tip on one of these individuals, please reference the above photo number, including the AFO. **Field Office**: Washington D.C.

www.fbi.gov

11 EMAIL: NEWSDESK@CRPUBNWI.COM June 15, 2023 CALL US: 219.931.6700

## SAVE THE DATE

Mayor Thomas M. McDermott, Jr.,
The City of Hammond, and The Juneteenth Committee
Present



MARTIN LUTHER KING JR. PARK - 5900 COLUMBIA AVE 10AM-4PM

COME OUT & ENJOY FOOD, MUSIC, FUN & GIVEAWAYS

JUNE 19, 2023

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