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7440 Olcott Avenue,
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219.808.9743

Hessville Central Democratic Club
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Government

Hammond City Clerks Office
5925 Calumet Ave.
Hammond, IN
219.853.6346
www.am legal.com/hammond_in

Hammond Park Foundation
3031 Mahoney Dr.
Hammond, IN 463223
219.853.6378

**Hammond Department of
Planning & Development**
5925 Calumet Avenue
Hammond, IN
219.853.6371

Hammond Mayor's Office
5925 Calumet Avenue
Hammond, IN 46320
219.853.6301

Hammond Port Authority
701 Casino Center D.
Hammond, IN 46320
219.659.7678

Insurance - Services

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219.844.0103
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GOLF WITH A PURPOSE

ON JUNE 12



Mayor's Night Out

2023

June 21	3rd District	Sportsplex and Community Center 6630 Indianapolis Boulevard
August 23	4th District	Edison Elementary School Cafeteria 7025 Madison Avenue
September 27	5th District	Jefferson Elementary School-Cafeteria 6940 Northcote Avenue
November 15	6th District	Scott Middle School Cafeteria 3635 173rd Street

Subject to change. All programs are from 6:30pm-8:30pm.

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Catholic Charities Diocese of Gary is having its 41st Annual Golf Outing on Monday, June 12 at Innsbrook Country Club – The first Golf Outing of the season for Innsbrook!. Registration opens at 9:30 am with shotgun start at 11:45 am. This is one of two annual events for Catholic Charities with proceeds supporting the many programs and services providing life-changing and emergency services to struggling individuals and families in Lake, Porter, LaPorte and Starke Counties in Northwest Indiana. There are still spots to be filled for golfers and sponsors, as well auction items needed. Visit Catholic-Charities.org to learn more and to register.

Recently, Catholic Charities Community Outreach team was contacted by a nonprofit partner to ask us to assist an elderly and disabled woman with preventing her and her grandchildren from being evicted from their home. Having full custody of her grandchildren, the woman had recently lost her husband and his income that was needed to help pay the bills. Because of her disability and without her husband to help, the woman was unable to navigate managing the household budget, paying the bills and contacting collection agencies. Thanks to our generous donors, we were able to clear the woman’s delinquent payments and avoid eviction. Working with our nonprofit partners, we were able to connect her and her grandchildren with family members who will be relocating them closer to help her with raising the children

and managing the day-to-day tasks.

This is just one recent example of how the support of individuals, businesses, civic groups, faith communities and others help to rescue families from tragic circumstances and guides them on the path toward a brighter future.

This is what YOU help Catholic Charities to do by supporting our June 12 Golf Outing as a golfer, sponsor or donor.

Visit Catholic-Charities.org to learn more about our programs and services, as well as to support the good work helping your neighbors in need in Northwest Indiana.

Please direct all inquiries or requests to...

Kevin Feldman
Director of Development
Catholic Charities Diocese of Gary
Office: 219.886.3549 ext. 102
Mobile: 219.689.3153
Email: kfeldman@catholic-charities.org

Source: Catholic Charities Diocese of Gary

Church Directory

Bethel Congregational C.O.G.I.C.

815 Michigan St., Hammond, IN

Deacon Lester Stokes

(219) 931-1301

Sunday School	9:00 a.m.
Sunday	10:30 a.m.
Friday	7:30 p.m.

Black Oak Church of Christ

2844 Stevenson St., Gary, IN

Pastor Steve Martinez

(219) 844-1789

Sunday	10:30 a.m.
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Greater Works Outreach Prayer and Deliverance Ministry

4822 Kennedy Ave. East Chicago, IN 46312

Apostle Jose Ruiz (219) 852-0677

Sunday	11:30 a.m.
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www.greaterwksmin.com

Hammond Christian Reformed Church

1910 167th St, Hammond, IN

Pastor Josh Christoffels

(219) 844-3331

Sunday School	9:50 a.m.
Sunday Worship	11:00 a.m.
Coffee Break Tuesday	9:00 a.m.
Ladies Bible Study Tuesday	6:00 p.m.

www.hammondcrch.org

Hyde Park United Methodist Church

6348 Harrison Ave., Hammond, IN

Pastor Darryl Dorton

(219) 932-0613

Sunday	10:30 p.m.
Thursday Thrift shop	9:00 a.m.-Noon
Last Saturday of the month	
Free Pancake breakfast	9-11 a.m.

Living Water Missionary Baptist Church

6511 Jefferson Avenue

Hammond, Indiana 46324

Pastor Roosevelt Dixon

(219) 853-9951

Sunday School	10:00 a.m.
Sunday Worship	11:15 p.m.
Waterliving621@gmail.com	

Mt. Zion Baptist Church

1047 Kenwood St., Hammond, IN

Reverend William R. Collins

(219) 931-4337

Sunday	11:00 a.m.
Wednesday Bible Study	6:30 p.m.
Wednesday Prayer	6:00 p.m.

New Hope Missionary Baptist Church

1117 Merrill St., Hammond, IN

Reverend Herman A. Polk, Sr.

(219) 932-5955

Sunday	10:30 a.m.
Sunday School	9:00 a.m.
Wednesday 8:30 a.m, 1:30 & 7:00 p.m.	

New Zion Temple Church

926 Morris Street, Hammond, IN

Bishop Brandon A. Jacobs

(219) 931-ZION (9466)

Sunday School	9:30 a.m.
Sunday Morning Worship	11:30 a.m.
Wednesday Prayer	6:30 p.m.
Wed Bible Study	7:00 p.m.

www.newziontemple.org

Saint Joseph Roman Catholic Church

5310 Hohman Avenue

Hammond, IN 46320

Rev. Jeffrey Burton, Pastor

(219) 932-0702

Sunday:	9:00 am Mass in Church
Monday,	
Wednesday	
& Friday:	9:00 am Mass in Chapel
saintjosephhammond@comcast.net	

Testimony C.O.G.I.C. of Hammond

1022 Cleveland St, Hammond, IN

Elder Patrick Williams

(219) 937-4676

Sunday School	10:30 a.m.
Sunday Worship	11:30 a.m.
Friday	7:30 p.m.

Trinity Lutheran Church

7227 Hohman Ave, Hammond, IN

(219) 932-4660

Sunday Worship	9:00 a.m.
Sunday School	10:30 a.m.

On FACEBOOK

Trinity Evangelical Lutheran Church

www.trinityhammond.com

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to church
not to
hide our
problems
but to heal
them.”*

~ Dieter F. Uchtdorf

Church Directory Listing

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**information submitted subject to editing for clarity and space allotted*



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OUT**

HAMMOND RESIDENTS

Mayor Thomas M. McDermott, Jr. and his staff want to hear your questions and concerns. Mayor's Night Out will give you an opportunity to discuss issues directly with the Mayor and his staff.

**Wednesday,
June 21**

6:30pm – 8:30pm

3rd District

Sportsplex and Community Center
6630 Indianapolis Boulevard • Hammond



FOR MORE INFORMATION CONTACT:
Mayor's Office 219.853.6301
or Special Events 219.853.6378

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911 SLUGFEST Police and Fire Charity Boxing



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PNW's Nursing, Business graduate programs recognized by U.S. News and World Report

Two of Purdue University Northwest's (PNW) graduate programs were recognized in U.S. News & World Report's 2023-24 Best Graduate Programs rankings, released Tuesday, April 25.

PNW's Master of Science in Nursing (MSN) degree, offered by the College of Nursing, was ranked No. 100 nationally in the Best Nursing Master's Programs category. PNW's MSN offers advanced nursing practices and clinical training to gain additional skills and qualifications for the healthcare field, such as its Family Nurse Practitioner and Adult-Gerontology Clinical Nurse Specialist concentrations.

"Our position in the rankings represents the excellent faculty that we have in the College of Nursing," says Lisa Hopp, dean of the College of Nursing at PNW. "They are doctorally prepared, have impressive clinical backgrounds and are expert teachers and coaches. They bring a world of expertise to the classroom to make a real difference. They prepare advanced practice nurses, nurse

educators and nurse executives at a time when healthcare desperately needs these types of providers and leaders in nursing. PNW College of Nursing faculty are preparing them magnificently."

PNW's online MSN was also recognized in January in U.S. News' 2023 Best Online Programs rankings.

More information on PNW's nursing programs can be found at pnw.edu/nursing.

PNW's Master of Business Administration (MBA) degree, offered by the College of Business, was also ranked nationally in the Best Part-time MBA Programs category. PNW's MBA provides students a rigorous curriculum and flexible scheduling, including evening classes, to increase students' earning potential and leadership skills with an advanced degree.

"The business world is rapidly changing, and our MBA program prepares the next generation of leaders to be future-ready and adaptable," says Rachel Clapp Smith, Teddy

Jacobi Dean of the College of Business at PNW. "Our program is designed to teach students to use business for good, to address societies biggest challenges, and the ranking is a testament

to the success of our alumni in making a difference in their communities and organizations. Our faculty bring a portfolio of evidence-based research and real-world knowledge to create engaging and immersive learning experiences."

More information on PNW's business programs can be found at pnw.edu/business.

2023-24 Best Nursing Master's Programs

U.S. News surveys nursing schools' master's programs accredited by the Commission on Collegiate Nursing Education or the Accreditation Commission for Education in Nursing. Master's programs were ranked on several indicators, including faculty resources, research activity, quality assessment,



student selectivity, and master's program size.

PNW's MSN program ranked 100 with a score of 54. You can view the full list at usnews.com.

2023-24 Best Part-time MBA Programs

U.S. News surveys business schools accredited by the Association to Advance Collegiate Schools of Business. Part-time MBA programs were ranked based on five indicators: peer assessment score; part-time student ratio; part-time student total; GMAT/GRE scores; undergraduate GPA; and work experience.

PNW's MBA program ranked 184 with a score of 35. You can view the full list at usnews.com.

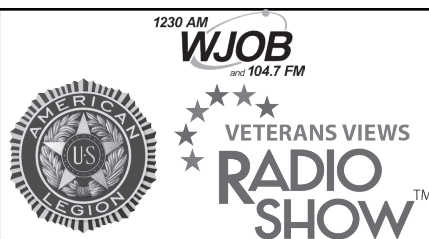
*Source: Purdue University
Northwest*



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CNN launches



On June 1, 1980, CNN (Cable News Network), the world's first 24-hour television news network, makes its debut. The network signed on from its headquarters in Atlanta, Georgia, with a lead story about the attempted assassination of civil rights leader Vernon Jordan. CNN went on to change the notion that news could only be reported at fixed times throughout the day. At the time of CNN's launch, TV news was dominated by three major networks—ABC, CBS and NBC—and their nightly 30-minute broadcasts.

CNN was the brainchild of Robert "Ted" Turner, a colorful, outspoken businessman dubbed the "Mouth of the South." Turner was born on November 19, 1938, in Cincinnati, Ohio, and as a child moved with his family to Georgia, where his father ran a successful billboard advertising company. After his father died by suicide in 1963, Turner took over the business and expanded it. In 1970, he bought a failing Atlanta TV station that broadcast old movies and network reruns and within a few years Turner had transformed it into a "superstation," a concept he pioneered, in which the station

was beamed by satellite into homes across the country. Turner later bought the Atlanta Braves baseball team and the Atlanta Hawks basketball team and aired their games on his network, TBS (Turner Broadcasting System). In 1977, Turner gained international fame when he sailed his yacht to victory in the prestigious America's Cup race.

In its first years of operation, CNN lost money and was ridiculed as the Chicken Noodle Network. However, Turner continued to invest in building up the network's news bureaus around the world and in 1983, he bought Satellite News Channel, owned in part by ABC, and thereby eliminated CNN's main competitor. CNN eventually came to be known for covering live events around the world as they happened, often beating the major networks to the punch. The network gained significant traction with its live coverage of the Persian Gulf War in 1991 and the network's audience grew along with the increasing popularity of cable television during the 1990s and well into the 21st century.

Source: History.com Staff

Lakeshore Public Media radio host honored at Best in Indiana Journalism Awards

The Society of Professional Journalists (SPJ) awarded Lakeshore Public Media radio reporter, Michael Gallenberger, first place in the "Radio Breaking News Coverage" category for his reporting on the Franciscan's Hammond ER Shutdown at the recent.

"In a state with so many amazing journalists and during a year with so many big stories, it's an honor to be recognized. As a lifelong resident of Northwest Indiana, my job lets me do what I love in my own community," said Gallenberger. "An important part of public media is working directly for our listeners and viewers. It's great to be part of a team (Lakeshore) that values that."

The Indiana Chapter of SPJ recognized Gallenberger for his outstanding contributions in reporting events of public importance.

"Michael works tirelessly to stay on top of what's happening every day. Because of that, listeners are often getting the latest news and information found nowhere else on the radio," Lakeshore Public Media's Vice President of Radio Operation, Tom Maloney, said. "His first place award for "Radio Breaking News Coverage" highlights what our listeners already know: he's a dedicated journalist who puts listeners in Northwest Indiana first."

Gallenberger first became affiliated with Lakeshore Public Media as an intern in 2013 and transitioned to full-time host in 2021. He reports for the Northwest Indiana nonprofit public broadcasting station, located in Merrillville, during the "All Things Considered" broadcast which airs Monday through Friday from 3-6 p.m. on the Lakeshore Public Media's radio broadcast. Gallenberger's reporting can be heard around the Region on 89.1 FM or online at LakeshorePublicMedia.org.

Gallenberger has garnered other awards throughout his career in broadcasting for his coverage of Northwest Indiana. During his time at WKVI in Knox, he received recognition from the Indiana Broadcasters Association during their Spectrum Awards. He was a finalist for the Spectrum Award in 2019 in "Local Impact Reporting" in Radio Market 2. In 2021, Gallenberger won the Indiana Broadcasters Association Spectrum Award for his 2020 Election Coverage.

"I hope my reporting gives people a chance to hear directly from their local leaders and others shaping their communities. I hope this greater understanding helps start the conversations that will take our communities into the future," Gallenberger said.

Source: Lakeshore Public Media

Classified Ads

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The Gary SouthShore RailCats

2023 promotional schedule

The Gary SouthShore RailCats promotional schedule is filled with Family Fun as the RailCats kick off the 2023 season at the Steel Yard! RailCats fans can enjoy twelve giveaways, thirteen fireworks shows and numerous special events.

Starting with the home opener on May 11th, the RailCats will have thirteen explosive fireworks shows, including every Fifth Third Bank Fireworks Friday game. The season will feature three fireworks super shows: May 29th, July 3rd, July 4th.

Don't miss any of the excitement this year by taking advantage of the RailCats' Daily Deals!

- AYCE Mondays – All you can eat hot dogs, popcorn and peanuts for \$15
- Taco Tuesdays – \$3 tacos and \$5 margaritas
- Pierogi Wednesdays – \$1 pierogis and \$5 Craft Beer (12oz)
- Thirsty Thursdays - \$3 Domestic beer (12oz) and \$2 hot dogs
- Fireworks Fridays – Post-game fireworks
- Signature Saturdays – Pre-game autographs presented by Miss Print
- Saturday Post-Game Kids Run the Bases – Presented by Kennedy Avenue Chiropractic
- Saturday Steal Deal – Ticket to the game, Chick-fil-A coupon and RailCats cap for \$15
- Sunday Fun-Days - \$5 signature cocktails, pre-game catch on the field and
- Sunday Post-Game Kids Run the Bases – presented by Kennedy Avenue Chiropractic
- Times Family Sunday – Present the Times Family

Sunday ad (digital or print) at the box office and receive tickets for up to 2 adults and 4 children for \$25

The 2023 schedule will feature twelve free giveaways for fans:

- May 11th – Magnet Schedule presented by Northwest Indiana Orthopedic & Spine Center at Methodist Hospitals
- May 13th – Greg Tagert T-Shirt presented by Xfinity
- May 16th - Drawstring Backpack presented by Alliance Steel
- May 27th – Scarf presented by Fifth Third Bank
- June 9th – Cowboy Hat presented by DW's Country Junction
- June 17th – Replica Jerseys presented by Methodist Hospitals
- June 18th – Trucker Hat presented by Berey Brothers
- July 7th – Bucket Hat presented by Fifth Third Bank
- July 23rd – Dog Bowl presented by McAfee Animal Hospital
- August 5th – Backpack presented by CareSource
- August 26th – Fanny Pack presented by Methodist Hospitals
- August 27th – Team Card Set

RailCats fans will be excited to see the team play in four single-game only jerseys followed by post-game jersey auctions:

- May 29th – Indiana Beach Jerseys – presented by Indiana Beach
- July 9th – Sensory Game Jerseys – presented by AccessAbilities, Inc.
- July 22nd – Gold Gloves Jerseys – presented by Gold Gloves Charities

- August 12th – Breast Cancer Awareness Jerseys – presented by Pink Ribbon Society

Exciting events line the calendar:

- May 13th – Greg Tagert Jersey Retirement
- May 16th and May 18th – School Days
- May 14th – Mother's Day Pre-Game Brunch on the Field
- May 26th – Windy City Dueling Pianos
- June 11th and July 23rd – Bark in the Park
- June 18th – Father's Day Pre-Game Brunch on the Field
- June 28th and July 20th – Youth and Senior Days

RailCats fans can also look forward to exciting new and returning classic theme nights:

- May 27th – Wizard Night, presented by Fifth Third Bank
- May 28th – All Ameri-CAN Beer Fest
- May 29th – Memorial Day Double Header and Indiana Beach Amusement Park Day, presented by Indiana Beach
- May 31st – Indiana BMV Night presented by Indiana Bureau of Motor Vehicles
- June 9th - Country Night, presented by DW's Country Junction
- June 10th - Hoosier Lottery Beneficiary Night, presented by Hoosier Lottery
- June 16th – Jurassic Ballpark Night
- July 3rd – Military Appreciation Day, presented by Xfinity
- July 4th – Independence Day Doubleheader
- July 7th – Beach Day, presented by Fifth Third Bank

- July 8th - First Responders Night, presented by Koorsen Fire and Security
- July 9th - Sensory Game, Presented by AccessAbilities, Inc.
- July 22nd - Pirate and Princess Night, presented by Tradewinds Services
- July 23rd – Gold Gloves Charities Night
- August 3rd – See you in the Seats Night, presented by St Jude House
- August 4th – Union Night
- August 5th – Back to School Night, presented by CareSource
- August 6th – Senior Day, presented by AARP Indiana
- August 11th – Star Wars Night
- August 12th – Breast Cancer Awareness Day, presented by Pink Ribbon Society
- August 13th – Clean Air Day, presented by Partners for Clean Air
- August 25th – Haunt Night, presented by Criminally Insane
- August 26th – 90's Night, presented by Methodist Hospitals
- August 27th – Fan Appreciation Day

Our Swing into Spring sale is back on Tuesday, April 4th!

Spend \$100 or more on tickets, suites, picnics, party decks or group outings and receive a free luxury suite rental for 20 people (food and beverage additional) on any available Sunday-Thursday game from Opening Day until June 29th!

Take advantage of the sale by calling 219-882-2255.

Source: Gary SouthShore RailCats

Protect Your Heart in the Heat



Whatever brings you outside — a bike ride with friends, a jog in the park or just a stroll around the block — it's important to stay safe when the temperature rises.

Tips for heart patients:

If you're a heart patient, older than 50 or overweight, you might need to take special precautions in the heat, according to Gerald Fletcher, M.D., professor of medicine at the Mayo Clinic, in Jacksonville, Fla.

Check with your healthcare professional before starting

an exercise routine if you are experiencing symptoms or have a specific medical question or chronic disease. Certain heart medications like beta blockers, ace receptor blockers, ace inhibitors, calcium channel blockers and diuretics (which deplete the body of sodium) can exaggerate the body's response to heat, Fletcher said.

But Fletcher points out that it's important to keep taking your medications — and taking them when you're supposed to.

Even if they're not on medications, older people also need to take precautions in the heat.

"If you're older than 50, you may not be aware that you're thirsty," Fletcher said. "If you're going to be outside, it's important to drink water even if you don't think you need it."

Tips for everyone:

Think you're ready to brave the heat? Watch the clock and buddy up, Fletcher said. It's best to avoid the outdoors in the early afternoon (about noon to 3 p.m.) because the sun is usually at its strongest, putting you at higher risk for heat-related illnesses.

If you can, exercise with a friend, because it's safer — and more fun — to have someone at your side. Here are some other tips:

- Get off on the right foot. You probably sweat the most in your shoes, so choose well-ventilated shoes and look for socks that repel perspiration. Foot powders and antiperspirants can also help with sweat.
- Dress for the heat. Wear lightweight, light-colored clothing in breathable fabrics such as cotton, or a synthetic fabric that repels sweat. Add a hat and/or sunglasses.
- Drink up. Before you get started, apply a water-resistant sunscreen with at least SPF 15, and reapply it every two hours. Stay hydrated by drinking a few cups of water before, during

and after your exercise. Avoid caffeinated or alcoholic beverages.

- Take regular breaks. Find some shade or a cool place, stop for a few minutes, hydrate and start again.

Whatever you do, don't throw in the towel, Fletcher said. "Don't NOT exercise — adapt!"

Symptoms of heat exhaustion:

- Headaches
- Cool, moist skin
- Dizziness and light-headedness
- Weakness
- Nausea and vomiting
- Dark urine

If you experience these symptoms, move to a cooler place, stop exercising and cool down immediately by using cool wet cloths, compresses, and fanning. You may need to seek medical attention.

Symptoms of heat stroke:

The symptoms of heat stroke include (call 911 or the local emergency number right away):

- Fever (temperature above 104 °F)
- Irrational behavior
- Extreme confusion
- Dry, hot, and red skin
- Rapid, shallow breathing
- Rapid, weak pulse
- Seizures
- Unconsciousness

If you experience these symptoms, seek medical attention right away.

Source: *American Heart Association*

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SEEKING INFORMATION

ASSAULT ON FEDERAL OFFICERS AND VIOLENCE AT THE UNITED STATES CAPITOL WASHINGTON, D.C. JANUARY 6, 2021



Photograph #417-AFO



Photograph 442-AFO



Photograph #370-AFO



Photograph #401-AFO



Photograph #530-AFO



Photograph #425-AFO



Photograph #410-AFO



Photograph #388-AFO



Photograph #449-AFO



Photograph #378-AFO

DETAILS

The Federal Bureau of Investigation's (FBI) Washington Field Office is seeking the public's assistance in identifying individuals who made unlawful entry into the United States Capitol Building and assaulted federal law enforcement personnel on January 6, 2021, in Washington, D.C.

Anyone with information regarding these individuals, or anyone who witnessed any unlawful violent actions at the Capitol or near the area, is asked to contact the FBI's Toll-Free Tipline at 1-800-CALL-FBI (1-800-225-5324) to verbally report tips. You may also submit any information, photos, or videos that could be relevant online at fbi.gov/USCapitol. You may also contact your local FBI office or the nearest American Embassy or Consulate.

When calling to provide a tip on one of these individuals, please reference the above photo number, including the AFO.

Field Office: Washington D.C.

www.fbi.gov

SAVE THE DATE

Mayor Thomas M. McDermott, Jr.,
The City of Hammond, and The Juneteenth Committee
Present

JUNETEENTH

FREE-ISH SINCE 1865

CELEBRATION

MARTIN LUTHER KING JR. PARK - 5900 COLUMBIA AVE
10AM-4PM

COME OUT & ENJOY FOOD, MUSIC, FUN & GIVEAWAYS

JUNE 19, 2023