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February 1, 2022

Martin Luther King, Jr. Candlelight Celebration March 2022





Renaming Maywood Elementary School for Annie Burns Hicks



Barry Tyler Jr, Hammond 3rd District Councilman, presented by Pastor Herman Polk



Hammond Mayor, Thomas M. McDermott, Jr. Leads the Annual Martin Luther King Jr. Candlelight March & Celebration



From L-R front row: Min. Doris Boylrece - Living Word Church Center, Dr Shirley Gillespie - New Hope Missionary Baptist Church, Pastor Calva Sanders - St John A.M.E., Pastor William Collins - Mt. Zion Baptist Church. Back row Minister Maurice Parrich - Mt. Zion Baptist Church, Pastor Herman Polk New Hope Missionary Baptist Church, Pastor Michael Pennanen - First Presbyterians Church, Minister Homer Cobb - Victory in Jesus, Pastor Samuel Hamstra - Anthem Church.

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Whiting/Robertsdale

Chamber of Commerce 119th St

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Democratic Organizations

Franklin D. Roosevelt Club

Last Thursday of every month at the Mohawks

4040 Calumet Ave, Hammond, IN

Hammond Democratic Committee

Chairman Dave Woerpel 7440 Olcott Avenue, Hammond, IN 46324 219.808.9743

Hessville Central Democratic Club

3031 Mahoney Drive Hammond, IN 219.545.1942

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Hammond Park Foundation

3031 Mahoney Dr. Hammond, IN 463223 219.853.6378

Hammond Department of Planning & Development

5925 Calumet Avenue Hammond, IN 219.853.6371

Hammond Mayor's Office

5925 Calumet Avenue Hammond, IN 46320 219.853.6301

Hammond Port Authority

701 Casino Center D. Hammond, IN 46320 219.659.7678

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New Commissioners for NIRPC

The Northwestern Indiana Regional Planning Commission (NIRPC) recognized a former staff member for outstanding service to the region, welcomed new officers and commissioners, and presented its 2021 Annual Report at the January 20 meeting of the NIRPC Commission.

Steve Strains received NIRPC's Norman Tufford Award, given for "exceptional dedication and service to NIRPC." Former NIRPC Executive Director John Swanson introduced Strains during the presentation of the award. "Steve felt strongly about making this region a better place for all of us to live, work and play," said Swanson in his introduction. Strains is the most tenured staff person in the history of NIRPC, serving the agency for over 40 years until his retirement in 2016. He served as both Director of Planning and Deputy Director under Swanson, roles that continued under current Executive Director Ty Warner when Swanson himself retired at the end of 2012.

The Norman Tufford Award is named for NIRPC's first executive director, who served NIRPC from 1966 through his retirement in 1985, when Tufford was succeeded by Jim Ranfranz. The honor recognizes NIRPC commissioners and staff who have demonstrated outstanding leadership and service to the region. Strains began his career as an intern under Tufford in the 1970s.

"It is quite fitting that this year's Tufford Award for outstanding service to NIRPC and the region goes to one of Norm's best hires," Swanson said. Also during the meeting, Justin Kiel, Town Council President of La Crosse, was elected as Chair of the Commission for 2022. Kiel succeeds George Topoll, Union Township Trustee, who chaired the Commission in 2021. "I want to take a moment to recognize the work of our two previous chairmen, George Topoll and Michael Griffin," Kiel said in his remarks. "They had the

unenviable task of guiding this body through this pandemic and they really deserve our appreciation for rising to that challenge."

Kiel stated among his goals for 2022 were to "strengthen the networking and collaborative opportunities that NIRPC has to offer its members" and to "build new revenue streams to support NIRPC's existing mission and to make possible new objectives." "It's the effort that we collectively put behind these goals that will make them happen," Kiel said. "I'm energized and eager for us to do more, to be more, for our communities and for our region."

The new slate of NIRPC Officers elected for 2022 were: Vice-Chair, Richard Hardaway, Town of Merrillville; Secretary, Greg Stinson, Town of Porter; and Treasurer, Tom Dermody, Mayor of La Porte. Elected to the Executive Board representing Lake County were Wendy Mis, Clerk-Treasurer of Munster, and Bill Emerson, Jr., Lake County Surveyor. Executive Board members elected to represent La Porte County were Sheila Matias, La Porte County Commission, and Lori Mercer, Town of Westville. Porter County representatives elected to the Executive Board members were Sue Lynch, Mayor of Portage, and Jim Ton, Town of Chesterton.

Representative Jim Pressel fills the Governor's Appointment. George Topoll, Union Township, became Immediate Past Chair upon the slate's election. Commissioners welcomed three new members: Mike Jesson, Porter County Councilman; Scott Kingan, Town Council, Ogden Dunes; and Angie Scott, Council President, Burns Harbor. Commissioners must be elected officials and are appointed by their respective governing bodies.

NIRPC also released its 2021 Annual Report at the Thursday meeting. The report, highlighting NIRPC's activities over the past year, will be available online at www.nirpc.org. Source:NIRPC

EMAIL: NEWSDESK@CRPUBNWI.COM



Mayor's Night Out

March 16	1st District	Lost Marsh Clubhouse 901 – 129th Street
April 20	2nd District	HUB of Innovation 5233 Hohman Avenue
June 15	3rd District	Hammond Central 5926 Calumet Avenue
September 14	4th District	O'Bannon Elementary 1317 173rd Street
October 19	5th District	Jefferson Elementary School-Cafeteria 6940 Northcote Avenue
December 14	6th District	Hess Elementary 3640 Orchard Drive

Subject to change. All programs are from 6:30pm-8:30pm.

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Church Directory

Abundant Life Community Church

6808 Missouri Ave., Hammond, IN Pastor Dr. Michael White

(219) 845-0954

Sunday School 10:00 a.m. Sunday Morning Worship 11:00 a.m. Sunday Evening Worship 6:00 p.m. Wed. Evening Bible Study 7:00 p.m.

www.alcccogop.org

Bethel Congregational C.O.G.I.C.

815 Michigan St., Hammond, IN Deacon Lester Stokes (219) 931-1301

Sunday School 9:00 a m 10:30 a.m. Sunday Friday 7:30 p.m.

Black Oak Church of Christ

2844 Stevenson St., Gary, IN Pastor Steve Martinez (219) 844-1789

Sunday 10:30 a.m. Bible Study 9:30 - 10:15 a.m.

Greater Works Outreach Prayer and **Deliverance Ministry**

3916 173 St, Hammond, IN, 46323 Apostle Jose Ruiz (219) 852-0677 11:30 a.m. www.greaterwksmin.com

Hammond Christian Reformed Church

1910 167th St, Hammond, IN Pastor Josh Christoffels (219) 844-3331

www.hammonderc.org

Free Pancake breakfast

Sunday School 9:50 a.m. 11:00 a.m. Sunday Worship Coffee Break Tuesday 9:00 a.m. Ladies Bible Study Tuesday 6:00 p.m.

Hyde Park United Methodist Church

6348 Harrison Ave., Hammond, IN Preacher Darryl Dorton (219) 932-0613

Sunday 12:30 p.m. Thursday Thrift shop 9:00 a.m. - Noon Last Saturday of the month

9-11 a.m.

Lighthouse Christian Fellowship of

Whiting, IN

1403 Stanton Ave. Whiting, IN 46394 Pastor Junior Berrios (219) 742-0526

Tuesday-Prayer 6:30 p.m. Tuesday-Service 7:00 p.m. Wednesday-Bible Study 6:30 p.m. Thursday-Prayer 6:30 p.m. Thursday-Service 7:30 p.m. Sunday-Prayer 10:00 a.m. 11:00 a.m. Sunday-Service

Mt. Zion Baptist Church

1047 Kenwood St., Hammond, IN Reverend William R. Collins (219) 931-4337

Sunday 11:00 a.m. Wednesday Bible Study 6:30 p.m. Wednesday Prayer 6:00 p.m.

New Hope Missionary Baptist Church

1117 Merrill St., Hammond, IN Reverend Herman A. Polk, Sr.

(219) 932-5955

10:30 a.m. Sunday Sunday School 9:00 a.m. Wednesday 8:30 a.m, 1:30 & 7:00 p.m.

New Salem MissionaryBaptist Church

833 Conkey St., Hammond, IN Pastor Wayne Hudson (219) 932-0999

Sunday 11:00 a.m. Wednesday 7:00 p.m.

New Zion Temple Church

926 Morris Street, Hammond, IN Bishop Brandon A. Jacobs (219) 931-ZION (9466)

Sunday School 9.30 a m Sunday Morning Worship 11:30 a.m. Wednesday Prayer 6:30 p.m. Wed Bible Study 7:00 p.m.

www.newziontemple.org

Testimony C.O.G.I.C. of Hammond

1022 Cleveland St, Hammond, IN Elder Patrick Williams

(219) 937-4676

Sunday School 10:30 a.m. Sunday Worship 11:30 a.m. Friday 7:30 p.m.

Trinity Lutheran Church

7227 Hohman Ave, Hammond, IN

(219) 932-4660

Sunday Worship 9:00 a.m. Sunday School 10:30 a.m.

On FACEBOOK

Trinity Evangelical Lutheran Church www.trinityhammond.com

"We come to church not to hide our problems but to heal them."

~ Dieter F. Uchtdorf

Church Directory Listing

\$8.00 per/issue

(minimum 4 issues)

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*information submitted subject to editing for clarity and space allotted

How to stay safe on icy roads

The winter season brings an increase in the number of road accidents. According to the Federal Highway Administration, winter weather causes more than 116,800 injuries and 1,300 deaths each year. It's only crucial for drivers to know how they can keep themselves safe at this time of the year.

Apart from snow and slush, icy roads pose a considerable danger for both first-time and experienced drivers. Cars can easily slip and cause drivers to lose control and thereby endangering the lives and property around them.

To avoid such a dangerous scenario, it's best that you know a few things before you hit the road this winter.

1. Keep your speed to a minimum

The first thing you will need to remember when driving on icy roads is to drive far below the speed limit. Increasing your speed only heightens the risk of slippage, reduces your vehicle's stopping power, and makes you more likely to lose control. For this reason, it's best that you slow down when you are cruising on state roads this winter. As a good rule, the Federal Motor Carrier Safety Administration recommends driving to a third of your speed.

2. Know how to deal with black ice

Black ice are patches of transparent ice that form during freezing temperatures. Because they are hard to spot and are more common on bridges, this makes them especially dangerous to inexperienced drivers. Fortunately, there are a few ways you can do if you do hit black ice. The first thing you must do is to keep the steering wheel straight and switch to a lower gear. Avoid hard braking and jolting your steering wheel. If your vehicle has cruise control, switch it off before driving under winter conditions. That way, you will be able to have full control in stabilizing your vehicle as it hits black ice.

3. Stay awake and aware

Driving on icy roads requires your full attention. A single mistake can lead to a potential disaster, so you must



keep your eyes peeled while on the wheel. Even on better days, not paying attention has always been the cause of car accident lawsuits. Icy roads only add to the risk, so you need to make sure you're driving with full awareness of your surroundings. That way, you will be able to react immediately to anything that happens ahead.

4. Improve your view of the road

Heavy snowfall and sleet can hamper your sight of the road. In these conditions, you need to have a clear view of your surroundings, including other vehicles, pedestrians, and animals. You might want to switch to yellow LED headlights. These work well in the snow and fog and allow other drivers to know where you are. It's also important to prevent your windscreen from frosting by covering it with a thick blanket the night before your trip.

If you need to take your car for a trip this winter, you need to know how to keep yourself safe as you drive on icy roads. Remember these tips and reduce your risks.

Research by: George Triantafyllou



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The Ministerial Alliance of Hammond & Vicinity

Rev. Orvil! Sanders Jr. - President

Mr. Jake Jacobs CR Publications 6415 Kennedy Ave. Hammond, IN 46320

Dear Mr. Jacobs,

We send you very warm greetings in the name of our Lord and Savior Jesus Christ. The Ministerial Alliance of Hammond and Vicinity are enthusiastic



Award presented to Mr Jake Jakobs by Pastor Herman Polk

as we approach our celebration commemorating the late Rev. Dr. Martin Luther King, Jr. Our theme for this year is "Current Hope Feeds Future Dreams." We are pleased to inform you that you have been selected to be honored at the commemoration service. Our honorees are being recognized for the following: entrepreneurship. exemplary leadership, outstanding performance, social involvement, unwavering contribution to the community, and activism. Through your leadership you have demonstrated the ability to build a strong community through various efforts and activities that help to revitalize areas that make our community a more wholesome, safe, and desirable place to live.

There will be two days of celebration commencing with a service on Sunday, January 16, 2022, 3:00 p.m. at Hope Christian Center, 6936 Grand Ave - Hammond, IN where Rev. La Vonne Carson is the host pastor. Our speaker for the evening will be pastor, leader, teacher, and activist, Rev. R E. Robinson, of St. John Baptist Church, Gary IN.

On Monday, January 17, 2022, at 6:30 a.m. we will line up at the Martin Luther King Jr. Freedom Plaza and start marching at 6:45 a.m. to the Civic Center where you will be honored during the commemoration. Reserved seating will be available for our honorees. If you are unable to attend, we ask that you send a representative. Please contact us if your name is not spelled correctly. Thank you in advance.

If you have further questions, please feel free to contact our Assistant Secretary, Rev. Dr. Shirley Gillespie at 219-680-6109.

In His Service, Rev. Orville Sanders Jr. President Ministerial Alliance of Hammond & Vicinity





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PNW receives generous \$3 million gift for future Impact Lab

Purdue University Northwest (PNW) alumnus and donor David Roberts and wife Susan Roberts generously gifted \$3 million for a planned transformational Impact Lab. The Roberts Impact Lab at PNW will be a workspace for entrepreneurship, innovation and education collaboration.

The donation matches an earmarked \$5 million from the recent \$50 million Regional Economic Acceleration and Development Initiative (READI) grants awarded to Northwest Indiana by the Indiana Economic Development Corporation (IEDC).

The larger award is part of a region-wide grant application led by the Northwest Indiana Forum to fund projects outlined in the Forum's "Ignite the Region" economic development plan.

"Susan and I have dedicated our gifting to two causes: medical research and the education of students studying engineering and technology," David Roberts says. "When PNW Chancellor Tom Keon and Dean Niaz Latif approached us about the opportunity to invest in the Impact Lab, it took very little time for us to say yes to the opportunity to create a place for students, educators and entrepreneurs to collaborate on innovative ideas and concepts that will strengthen the manufacturing base in Northwest Indiana."

The Robertses' gift is a significant investment in PNW's resources and education, as well as Northwest Indiana, in reaching a goal to transform the area into an economic hub, with PNW leading the way as the area's premier metropolitan university.

"David Roberts has been championing our cause and has been an integral part of PNW for a long time," says Niaz Latif, dean of the College of Technology at PNW. "We feel he has the passion and commitment for this development and for making changes in people's lives where he grew up. He benefited from a PNW education and he wants to give back. He believes PNW will deliver what it promises."

Functions served at the Impact Lab

The Roberts Impact Lab at PNW will serve as a regional hub for Northwest Indiana to spur new economic development, including but not limited to:

- Incubating new businesses
- Scaling existing businesses
- Providing physical collaborative work and lab space for cross-functional development and testing
- Meeting and event space available for for- and nonprofit organizations to host networking and programming
- Connection to PNW's knowledgeable faculty and energetic students for business development, education and internship opportunities

"Unlike a traditional incubator, which is typically limited to developing new concepts and bringing them to market, the Impact Lab will also work with existing businesses on 'intrapreneurship,' allowing them to interact more closely with experts and entrepreneurs in an environment free of internal constraints," says Matthew Wells, director of External Engagement and Partnerships at PNW.

"The idea of creating products and developing people that will 'Ignite the Region' was the major driving force in our decision," David Roberts says. "I began my work career in Northwest Indiana 50 years ago and at that time, the region was a manufacturing powerhouse. Hopefully the Impact Lab will help it return to its former stature."

The university is currently evaluating potential sites near the Hammond campus and located within vibrant commercial corridors.

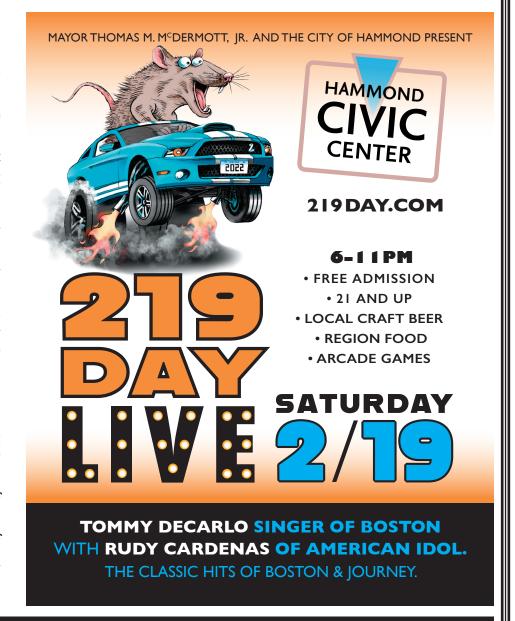
The lab will have an advanced manufacturing technology laboratory, makerspace, scientific research and development space, all of which will be overseen by PNW faculty with expertise in

areas needed to support clients' business needs.

David Roberts, a Steger, Illinois native, earned his bachelor's degree in Technology with distinction from the Purdue University Northwest Hammond campus in 1974. He went on to serve in manufacturing, engineering and general management positions at the Budd Company, Pitney Bowes and FMC Corporation. Roberts served as group vice president with the Marmon Group, LLC, CEO of Graco, Inc. and finally CEO, president and chairman of Carlisle Companies, Inc. before retiring from the company in 2020.

Source: Purdue University
Northwest

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THIS DAY IN HISTORY February | 1978

Harriet Tubman becomes the first African American woman to appear on a U.S. postage stamp



Antislavery crusader and Civil War veteran Harriet Tubman becomes the first African American woman to appear on a U.S. postage stamp, the first in the Post Office's Black Heritage Series. Tubman's appearance on stamps was emblematic both of the progress made in recognizing African Americans' contributions to American history and of the ongoing effort to put abolitionists on equal footing with slaveowners in the nation's historical canon.

Tubman was a singular figure of the abolition movement, an enslaved woman who escaped captivity in Maryland and made at least 19 trips back to free more slaves. Tubman is estimated to have helped several hundred enslaved people find freedom in Canada via the Underground Railroad and is said to have "never lost a passenger." During the Civil War, she freed 700 more when she led Union

forces on a raid on Combahee Ferry in South Carolina. In her later life, though she had little money of her own, Tubman worked to house and feed the poor and became an important figure in the fight for women's suffrage. Despite these extraordinary efforts, which earned her the epithet "the Moses of her people," Tubman did not receive a pension for her services in the war until 1889 and died with little to her name.

Her deeds were not forgotten, however, and in the wake of the civil rights and Black Power movements there was a push to recognize overlooked figures like Tubman. Her inclusion in the Black Heritage Series put her alongside figures like Martin Luther King, Jr., Booker T. Washington and Jackie Robinson and spread her image around the country. In 2016, following years of calls from activists, Treasury Secretary Jack Lew announced that Tubman's face would replace that of President Andrew Jackson, a slaveowner and avowed white supremacist, on the twenty-dollar bill. The following year, Donald Trump's Treasury Secretary, Steve Mnuchin, delayed the switch, saying, "We've got a lot more important issues to focus on." In January 2021, President Biden's administration announced they were taking steps to move forward with the redesign.

Source: History.com Staff

Meals on Wheels launches new volunteer campaign "Cold Days – Warm Hearts"

In winter we have colder weather, sometimes snow and frost, the trees have no leaves and the amount of time it is light during the day is at its shortest. On these "Cold Days", Meals on Wheels is asking you to "Warm Hearts" by becoming a volunteer meal delivery driver. Help continue our mission of delivering nutritious meals to those in need with the support of community volunteers. Be a part of something bigger than yourself and discover how you can become great by serving others - with only an hour and a half of your time as little as twice a month. Corporate volunteer teams are welcome to join the Meals on Wheels team. Give back to the community and volunteer today!

The increased number of clients and meals we are serving means Meals on Wheels of Northwest Indiana urgently needs volunteer meal delivery drivers throughout Lake and Porter Counties, with the most urgent need in Merrillville, Hammond, Highland, Griffith, Hobart, Miller, Munster, Whiting and Lakes of the Four Seasons. Other routes are also available. Volunteers pick up meals at lunchtime at a meeting spot in their community and deliver to local people in need. Our new App saves time and is remarkably convenient.

Additionally, volunteer van drivers are immediately

needed to deliver food containers to designated locations. All van routes originate at our Merrillville facility. Bag packers and bag stampers are also needed. Various two-hour daytime shifts are available.

Volunteers are the heart of Meals on Wheels. They establish a relationship with each client. Volunteers are trained to deliver a personal connection and wellness check with every single meal. Turn your compassion into action and become part of the Meals on Wheels team of volunteers and make a difference in your community.

Register now for an upcoming volunteer driver training scheduled for Tuesday, January 11, 2021, at 11:00 am and 2:00 PM or Thursday, January 13, 2021, at 11:00 am by contacting Charlie Misovye, Volunteer Manager at 219-756-3663 or charlie@mownwi.org. Attendance is limited.

Founded in 1977, Meals on Wheels of Northwest Indiana delivers 1,700 nutritious meals each day with a wellness check and friendly visit to people in Lake, Porter, Newton, and Jasper counties, with the support of community volunteers.

Source: Meals on Wheels of Northwest Indiana

Endowed scholarship established at Purdue University Northwest in honor of Lake Station couple

Purdue University Northwest (PNW) has announced the creation of an endowed scholarship to benefit graduates of Thomas A. Edison Jr. Sr. High School in Lake Station, Ind.

The Helen and Frank Korpak Memorial Scholarship has been established by Dr. Jorge and Nancy Benavente and Lillian Gaskill in honor of Helen and Frank Korpak of Lake Station. The gift honors Nancy's parents and Lillian's sister.

"With this scholarship we'd like to encourage students who graduate from Edison Jr. Sr. High School to further their education at Purdue Northwest," said Nancy Benavente. "We'd also like to give people who previously graduated from

Edison the opportunity to further their education."

"We are grateful to the family of Frank and Helen Korpak for their generous gift of an endowed scholarship here at Purdue Northwest," said PNW Chancellor Thomas L. Keon. "The gift from the Benaventes and Ms. Gaskill will open a world of opportunities for the scholarship recipients, many of whom will be first-generation college students and will benefit greatly from their generosity."

The endowed scholarship will first be awarded in fall 2022 with the incoming freshman class. Two students will be selected to receive the scholarship annually, with the possibility of increasing the number of recipients as the

endowment grows. To be eligible, candidates must be graduates of Thomas A. Edison Jr. Sr. High School, with candidates demonstrating the greatest financial need being given priority. Students can apply for the scholarship through the PNW scholarship website at pnw.edu/scholarships.

Helen Korpak was one of the first female principals for a secondary school in the state of Indiana and the first female principal in Lake Station. Helen graduated from Ohio State University with a bachelor's degree in

education and began her career as a teacher. Over the years, she taught classes in health and safety and English before becoming a guidance counselor. Helen went on to graduate from PNW in 1972 with a master's degree in Educational Studies. "My mother wanted to further her education," Nancy said. "She returned to school, received a master's degree and eventually became a school administrator."

Frank Korpak spent 25 years with the Hobart City School System where he was employed in the maintenance department. "My parents were really involved and supportive of the school," said Nancy.

The endowed scholarship in the Korpaks' name is a continuation of their commitment and encouragement of students to further their education. "My mother encouraged all of her students, especially her female students, to further their



The Helen and Frank Korpak Memorial Scholarship has been established at Purdue University Northwest in honor of the Lake Station couple.

education," Nancy said. "She would tell them to never give up, always look forward in life and believe that they could do anything because she felt like she could do anything."

The Benaventes and Gaskill wanted to create a scholarship that would help students from the Lake Station school and encourage them to attend PNW. "Purdue Northwest worked with my mother," Nancy said. "She was able to further her career because of that and because of the education she received there. I've always felt a tie to the university."

"The scholarship is meant to honor Frank and Helen," Jorge added. "We hear stories about how they helped students all the time. They were hard-working people who never gave up on their dreams and were able to succeed in life because of an education. We hope the same for these students."

Source: Purdue University
Northwest

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THE NEW NORMAL: COINCIDING WITH COVID

Since COVID first made itself widely known in 2020, our lives have been drastically altered. Nearly two years later, we continue to pivot. But what if pivoting is the new normal? Can we coincide with COVID long-term? Dr. Colbert of the University of Illinois at Chicago says simply, yes. "We need to begin to accept the idea that COVID is going to be with us for some time. We must begin the transition as a nation to the "new normal," says Dr. Colbert, Assistant Program Director of the emergency medicine residency program at UIC. "Attending children's events, entertaining friends and family at small home gatherings, and going on vacation is all possible if done safely and correctly," adds Colbert.

Currently, 1,400 deaths a day across the US are contributed to COVID and there continues to be a significant rise in both positive cases and admissions, including those of children. Pediatric admissions both to the pediatric general floor and

WJOB

VETERANS VIEWS

RADIO

the intensive care unit have skyrocketed. "Hospitalizations for children, especially for those too young to receive a vaccination have jumped considerably. We are seeing a remarkable increase in children coming into the emergency department. Until vaccines are approved for this age group, we must do everything we can as a society to protect them. There are many steps parents can take to ensure they are doing everything they can to avoid infection of our youngest population," remarks Dr. Colbert.

States across the country have started receiving their first shipments of COVID antiviral pills from both Pfizer and Merck. Still, demand is far outweighing supply. Currently, shipments are said to be scarce, but Dr. Colbert is hopeful the supply chain will soon catch up. "The approval of the two new COVID antiviral pills is yet another advancement in science, another tool in our toolbox to getting COVID under control. It is important to

note, vaccinations still remain key and are our first line of defense," notes Dr. Colbert.

Part of the first line of defense, booster shots. Children as young as 12 are now able to receive their booster shot, five months after completing their vaccination series.

If you are planning to dine out, you may need proof of vaccination. Vaccination cards are now required at restaurants and bars in the city as well as some neighboring counties. The move considered controversial by some yet welcomed by others. Another measure put into place, as we learn to coincide with COVID in our communities.

OTHER TOP TOPICS

Mental Health Awareness Month

Dr. Colbert can discuss the importance and provide examples of ways we can support a lifestyle geared towards better mental health, especially now.

Cervical Cancer Awareness Month

Each year, more than 14,000 women are diagnosed with this invasive cancer. Dr. Colbert can expand on both the importance of regular screening and the benefits of vaccination.

Containing Control of Asthma

The winter months can be difficult for those who suffer from asthma, add on COVID and it's more than enough to add an extra cause for caution.

Dr. Colbert has advice on how to participate in daily activities while minimizing the risk of an asthma attack.

Chris Colbert Bio:

Dr. Christopher Colbert is the assistant program director of emergency medicine at the University of Illinois, vicechair of continuing medical education for the American Academy of emergency medicine (AAEM), and a Lieut. Col. in the United States Army reserves. Dr. Colbert has both lectured and moderated emergency medicine events nationally and internationally receiving awards for both speaker engagement and contribution to medical education. Dr. Colbert is a contributing author to the first social emergency medicine text titled "Social Emergency Medicine," and a frequent medical contributor both locally and nationally. For the past two years, Dr. Colbert has been named a Notable Healthcare Hero. Additionally, he was recognized as a "Who's Who" of Chicago medicine. In 2021, he was awarded the Army commendation medal (ARCOM) for his recent deployment to Central America. Dr. Colbert received his undergraduate degree from Hampton University, medical degree from Des Moines University College of Osteopathic Medicine and is a graduate of the Midwestern Emergency University Medicine Residency Program and a fellow of AAEM, ACEP, and ACOEP.

Source: TMI press

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SEEKING INFORMATION

ASSAULT ON FEDERAL OFFICERS AND VIOLENCE AT THE UNITED STATES CAPITOL WASHINGTON, D.C. JANUARY 6, 2021



Photograph #117-AFO



Photograph #118-AFO



Photograph #119-AFO



Photograph #120-AFO



Photograph #121-AFO



Photograph #122-AFO



Photograph #123-AFO



Photograph #124-AFO



Photograph #125-AFO



Photograph #126-AFO

DETAILS

The Federal Bureau of Investigation's (FBI) Washington Field Office is seeking the public's assistance in identifying individuals who made unlawful entry into the United States Capitol Building and assaulted federal law enforcement personnel on January 6, 2021, in Washington, D.C.

Anyone with information regarding these individuals, or anyone who witnessed any unlawful violent actions at the Capitol or near the area, is asked to contact the FBI's Toll-Free Tipline at 1-800-CALL-FBI (1-800-225-5324) to verbally report tips. You may also submit any information, photos, or videos that could be relevant online at fbi.gov/USCapitol. You may also contact your local FBI office or the nearest American Embassy or Consulate.

When calling to provide a tip on one of these individuals, please reference the above photo number, including the AFO. **Field Office**: Washington D.C.

www.fbi.gov

