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September 15, 2021

HONORARY REV. JOHN H. PARRISH SR STREET



Roland Parrish son of Rev. John H. Parrish with Lake County Judge Marissa McDermott holding the Proclamation of Honorary street name change by Honorable Hammond Mayor, Thomas M. McDermott, Jr.



Hammond 3rd Dist. Councilman Barry Tyler with Lake County Judge Marissa McDermott and Deacon McKinley "MAC" Nutall past Councilman and Deacon of MT Zion Baptist Church



Rev. Maurice Parrish associate Pastor of MT Zion Baptist Church and brother of Rev. John H. Parrish

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Business Organization

The Downtown Hammond Council

Karen M. Maravilla, President 219.512.4298

(Calls accepted 9 am - 7 pm Monday thru Saturday)

www.downtownhammond.org info@downtownhammond.org

Lakeshore Chamber of Commerce

5246 Hohman Avenue, Suite 100 Hammond, IN 46320 219.931.1000

Whiting/Robertsdale

Chamber of Commerce

119th St Whiting, IN 219.659.0292

Computer Service

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Democratic Organizations

Franklin D. Roosevelt Club

Last Thursday of every month at the Mohawks 4040 Calumet Ave, Hammond, IN

4040 Cardinet Ave, Hammond, IN

Hammond Democratic Committee

Chairman Dave Woerpel 7440 Olcott Avenue, Hammond, IN 46324 219.808.9743

Hessville Central Democratic Club

3031 Mahoney Drive Hammond, IN 219.545.1942

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Government

Hammond City Clerks Office

5925 Calumet Ave. Hammond, IN 219.853.6346 www.am legal.com/hammond_in/

Hammond Park Foundation

3031 Mahoney Dr. Hammond, IN 463223 219.853.6378

Hammond Department of Planning & Development

5925 Calumet Avenue Hammond, IN 219.853.6371

Hammond Mayor's Office

5925 Calumet Avenue Hammond, IN 46320 219.853.6301

Hammond Port Authority

701 Casino Center D. Hammond, IN 46320 219.659.7678

Insurance - Services

Ron J. Prestamer Agency, Inc.

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ronjprestamer@gmail.com www.prestamerinsurance.com

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"Over 50 Years if Quality Service"

Fall Leaves Paint Party in the Sportsplex Union Loung

Mayor Thomas M. McDermott, Jr. and Hammond Parks & Recreation are holding a fall canvas painting party in September at the Hammond Sportsplex. The Fall Leaves Paint Party will feature a hands-on teaching format where guests will learn to paint a fall scene. The event is Saturday, September 18 from 11:00am - 2:00pm in the Hammond Sportsplex Union Lounge, 6630 Indianapolis Boulevard, second floor.

This event is open to residents as well as non-residents of the City of Hammond.

Registration for this event is \$35 and is taking place now at the Hammond Sportsplex. This fee provides instruction for the class, all materials needed to paint your own canvas and access to the bar for the duration of the event. All participants must be 21 years of age or older. Spaces are limited to 25 guests, and wearing a face mask is optional. Registration will be open until all spaces are full.

For more information on the Fall Leaves Paint Party, contact the Hammond Sportsplex at (219) 853-7660 or visit www.gohammond. com. For direct questions regarding the event, contact Selina at baezs@ gohammond.com.

Source: City of Hammond

Mayor's Night Out

October 27	5th District	Jefferson Elementary School-Cafeteria 6940 Northcote Avenue
December 8	6th District	Scott Middle School-Cafeteria 3635 – 173rd Street

Subject to change. All programs are from 6:30pm-8:30pm.

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Church Directory

Abundant Life Community Church

6808 Missouri Ave., Hammond, IN Pastor Dr. Michael White

(219) 845-0954

Sunday School 10:00 a.m. Sunday Morning Worship 11:00 a.m. Sunday Evening Worship 6:00 p.m. Wed. Evening Bible Study 7:00 p.m.

www.alcccogop.org

Bethel Congregational C.O.G.I.C.

815 Michigan St., Hammond, IN Deacon Lester Stokes (219) 931-1301

Sunday School 9:00 a.m. 10:30 a.m. Sunday Friday 7:30 p.m.

Black Oak Church of Christ

2844 Stevenson St., Gary, IN Pastor Steve Martinez (219) 844-1789

Sunday 10:30 a.m. Bible Study 9:30 - 10:15 a.m.

Greater Works Outreach Prayer and **Deliverance Ministry**

3916 173 St, Hammond, IN, 46323 Apostle Jose Ruiz (219) 852-0677 11:30 a.m. www.greaterwksmin.com

Hammond Christian Reformed Church

1910 167th St, Hammond, IN Pastor Donald Jabaay (219) 844-3331

www.hammonderc.org

Sunday School 9:50 a.m. 11:00 a.m. Sunday Worship Coffee Break Tuesday 9:00 a.m. Ladies Bible Study Tuesday 6:00 p.m.

Hyde Park United Methodist Church

6348 Harrison Ave., Hammond, IN Preacher Darryl Dorton (219) 932-0613

Sunday 12:30 p.m. Thursday Thrift shop 9:00 a.m. - Noon Last Saturday of the month Free Pancake breakfast 9-11 a.m.

Lighthouse Christian Fellowship of Whiting, IN

1403 Stanton Ave. Whiting, IN 46394 Pastor Junior Berrios (219) 742-0526

Tuesday-Prayer 6:30 p.m. Tuesday-Service 7:00 p.m. Wednesday-Bible Study 6:30 p.m. Thursday-Prayer 6:30 p.m. Thursday-Service 7:30 p.m. Sunday-Prayer 10:00 a.m. 11:00 a.m. Sunday-Service

Mt. Zion Baptist Church

1047 Kenwood St., Hammond, IN Reverend William R. Collins (219) 931-4337

Sunday 11:00 a.m. Wednesday Bible Study 6:30 p.m. Wednesday Prayer 6:00 p.m.

New Hope Missionary Baptist Church

1117 Merrill St., Hammond, IN Reverend Herman A. Polk, Sr.

(219) 932-5955

Sunday 10:30 a.m. Sunday School 9:00 a.m. Wednesday 8:30 a.m, 1:30 & 7:00 p.m.

New Salem MissionaryBaptist Church

833 Conkey St., Hammond, IN Pastor Wayne Hudson (219) 932-0999

Sunday 11:00 a.m. Wednesday 7:00 p.m.

New Zion Temple Church

926 Morris Street, Hammond, IN Bishop Brandon A. Jacobs (219) 931-ZION (9466)

Sunday School 9:30 a.m. Sunday Morning Worship 11:30 a.m. 6:30 p.m. Wednesday Prayer 7:00 p.m. Wed Bible Study

www.newziontemple.org

Tabernacle Baptist Church

3715 Butternut St East Chicago, IN

Testimony C.O.G.I.C. of Hammond

1022 Cleveland St, Hammond, IN Elder Patrick Williams (219) 937-4676 Sunday School 10:30 a.m.

Sunday Worship 11:30 a.m. 7:30 p.m. Friday

Trinity Lutheran Church

7227 Hohman Ave, Hammond, IN

(219) 932-4660

Sunday Worship 9:00 a.m. Sunday School 10:30 a.m.

On FACEBOOK

Trinity Evangelical Lutheran Church www.trinityhammond.com

"We come to church not to hide our problems but to heal them."

~ Dieter F. Uchtdorf

Church Directory Listing

\$8.00 per/issue

(minimum 4 issues)

(219) 931-6700 newsdesk@crpubnwi.com

*information submitted subject to editing for clarity and space allotted

NWI AHEC OFFERS STUDENTS A STIPEND TO PARTICIPATE IN THEIR INTERDISCIPLANRY HEALTH CARE PROGRAM

Northwest Indiana Area Health Education Center (NWI AHEC) offers students enrolled in eligible health profession program and graduating in 2023, an opportunity to earn a \$1500 stipend. Students participating in the AHEC Scholars Program, a two-year program, will join scholars throughout the state from various colleges and from multiple health profession programs.

Students will engage in online learning and community engagement experiences to learn about hot button topics in healthcare such as cultural competency, social determinants of health, behavioral health integration, current and emerging health issues to name a few.

"This unique program brings together students from surrounding colleges and health disciplines to learn about how to offer optimal care to vulnerable populations and those in rural and underserved communities. Students will learn from students in other health programs and work

in groups to complete a community project. The cool part is students receive a \$1500 stipend to complete the two-year program," said Gina Avila, Program Coordinator, NWI AHEC.

This program was an initiative set by the U.S. Department of Health and Human Services. The goal is to provide supplemental education and training for college students close to graduation and soon entering the workforce. The education and training will better equip students to provide optimal healthcare in medically underserved and rural communities. The program aims to equip the scholars so they may become leaders in their health profession.

"AHEC gave me the opportunity to attend multi-disciplinary conferences and meetings around the state that focused on different issues and vulnerable populations. It opened my eyes to many gaps in the healthcare system, while allowing me to work through these gaps and create

solutions with students from different majors, careers, and stages of life," said Megan Dexter, former AHEC Scholar and recent nurse practitioner graduate.

The deadline to apply for the AHEC Scholars Program is September 17, 2021. Eligible students must currently be enrolled in an eligible health professions program, graduating May 2023 and willing to commit to the twoyear program.

"We have a few spots left for this year's cohort and to date we have students from three local colleges and five different health professions. This is going to give students an opportunity to learn from each other and gain new perspectives. We've received positive feedback from past scholars. They feel it is manageable, a resume booster and the best part, it's a paid program," Avila said.

NWI AHEC is a state and federal funded program committed to improving the quality of health care through community and academic educational programming. NWI AHEC's mission is to enhance access to quality health care by improving distribution and diversity of health care professionals in medically underserved communities.

You may contact NWI AHEC by telephone, (219) 989-2365, by e-mail, [Gina.Avila@pnw.edu], or by visiting NWI AHEC Scholars website, [applynow.nwiahecscholars.org].

Source: NWI AHEC



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HAMMOND CITY ORDINANCES ONLINE

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HAMMOND, IN

GROUNDBREAKING AT OXBOW LANDING IN HAMMOND



City of Hammond and ATG Real Estate Development Celebrate Groundbreaking for Final Parcel at Oxbow Landing in Hammond

When first elected in 2004, Mayor McDermott saw the economic potential for this area and one of his first major projects was to demolish the multi-residential complex that used a disproportionate amount of city resources and create a plan to bring commerce

to the area. "Our economic development team works hard to bring new development to Hammond," states Mayor McDermott. "The City's initial \$20M investment in the Oxbow Landing Development area has been eclipsed by all the development dollars brought in. This final project, a 14,000sf class-A office building with 3 floors and a terraced roof, is a perfect example of highquality progress that so many

communities seek. We are proud that the ATG team calls Hammond its home."

ATG Real Estate Development LLC's Founding Director, Eric T. Gastevich, says Hammond could not be more complimentary of the City of Hammond's approach to encouraging and welcoming developers. "Mayor McDermott has assembled a dedicated leadership team who

are able to not only help identify development opportunities, but to help strategize potential incentive programs and deal structures to help convert concepts into reality."

The groundbreaking took place on Tuesday, September 7, 2021 at 1:30pm, at 2911 Carlson Drive, Hammond, IN 43623.

Source: City of Hammond







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Mexican Independence Parade



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Staging at Noon Starts 1:00 pm



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September 19

Free!!

Hammond Human Relations
Commission will be
distributing information
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after the parade at Hessville Park.

HugsCulturalCommittee
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THE HAMMOND HUMAN RELATIONS

COMMISSION ALONG WITH THE

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WE INVITE AND WELCOME OUR DIVERSITY

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H.U.G.S. Cultural Committee



Presenta

Desfile de Independencia de Mexico



Morton High School
A Hessville Park



Alineacion 12:00 pm Comienza 1:00 pm

Gratis!! Septiembre 19 Gratis!!

Hammond Human Relations
Commission estará
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y patrocinando comida ligera
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HugsCulturalCommittee
Información y Registracion
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La Comision de Relaciones Humanas junto a la Ciudad de Hammond los invita a celebrar El Dia De La Independencia De Mexico. Invitamos y recibimos diversidad y tomamos orgullo en nuestra cultura. Nos aseguramos que la Vivienda justa sea justa para todos!

THIS DAY IN HISTORY September 15

Muhammad Ali wins world heavyweight championship

On September 15, 1978, boxer Muhammad Ali defeats Leon Spinks at the Louisiana Superdome in New Orleans to win the world heavyweight boxing title for the third time in his career, the first fighter ever to do so. Following his victory, Ali retired from boxing, only to make a brief comeback two years later. Ali, who once claimed he could "float like a butterfly, sting like a bee," left the sport permanently in 1981.

Born Cassius Marcellus Clay Jr. in Louisville, Kentucky, on January 14, 1942, the future world champ changed his name to Muhammad Ali in 1964 after converting to Islam. He earned a gold medal at the 1960 Olympic Games in Rome and made his professional boxing debut against Tunney Hunsaker in October 1960, winning the bout in six rounds. On February 25, 1964, Ali defeated the heavily favored Sonny Liston in six rounds to become heavyweight champ, after which he famously declared, "I am the greatest!"

During the Vietnam War, Ali refused to be inducted into the U.S. armed forces and in 1967 was convicted of draft evasion and banned from boxing for three years. He stayed out of prison as his case was appealed and returned to the ring in October 1970, knocking out Jerry Quarry in Atlanta in the third round. On March 8, 1971, Ali fought Joe Frazier in the "Fight of the Century" and lost after 15 rounds, the first loss of his professional boxing career. In June 1971, the U.S. Supreme Court overturned Ali's conviction for evading the draft.

At a January 1974 rematch at New York City's Madison Square Garden, Ali defeated Frazier in 12 rounds. In October of that same year, an underdog Ali bested George Foreman and reclaimed his heavyweight champion belt at the heavily hyped "Rumble in the Jungle" in Kinshasa, Zaire, with a knockout in the eighth round. On February 15, 1978, in Las Vegas, an aging Ali lost the title to Leon Spinks in a 15-round split decision. For Spinks, who was born in 1953 and won a gold medal in boxing at the 1976 Summer Olympics in Montreal, the fight was just the eighth of his professional career. However, seven months later, on September 15, Ali won the title back, in a unanimous 15round decision.

In June 1979, Ali announced he was retiring from boxing. On October 2, 1980, he returned to the ring and fought heavyweight champ Larry Holmes, who knocked him out in the 11th round. After losing to Trevor Berbick on December 11, 1981, Ali left the ring for the last time, with a record of 56 wins, five losses and 37 knockouts. In 1984, he was revealed to have Parkinson's disease. Ali died on June 3, 2016. Spinks retired from boxing in 1995 with a record of 26 wins, 17 losses and 14 knockouts.

Source: History.com Staff

EMAIL: NEWSDESK@CRPUBNWI.COM

Red Cross Responds to Earthquake in Haiti

Haitian Red Cross teams are active in the wake of a 7.2 magnitude earthquake that struck Haiti on August 14 about 80 miles south of the capital, Port-au-Prince. It was followed by at least four aftershocks and at least 700,000 people could be affected.

Families are facing uncertainty as the loss of life continues to mount. Reports confirm that the earthquake caused severe damage to infrastructure including homes, hospitals, roads, ports and bridges, especially in Jeremie, Les Cayes and Jacmel at the northern coast of the southern peninsula of the country.

Haitian Red Cross staff and volunteers are responding alongside local authorities as well as other humanitarian organizations to help with first aid, search-and-rescue operations and sheltering efforts throughout the affected region.

Preventing and controlling the transmission of COVID-19 and guaranteeing access to water, hygiene and sanitation are essential for volunteers on the ground. On Monday, Tropical Storm Grace caused flooding and the collapse of already damaged structures in the area.

The International Federation of Red Cross and Red Crescent Societies (IFRC) sent 15 tons of essential goods to Haiti and more than 37 tons of aid, consisting of shelter tool kits, tarpaulins, buckets, jerrycans, kitchen sets, blankets, personal protection equipment and mosquito nets. A humanitarian corridor in the Dominican Republic has been activated and prepositioned non-food items (NFIs) have

already been collected for at least 4,500 people.

Emergencies of this scale remind us that disaster relief is a team effort. Organizations big and small each have a role to play to ensure gaps are filled.

Americans are so generous when it comes to helping people in need, and we are heartened that so many have asked how they can support relief efforts. Given the many needs in Haiti, we are asking the American public to donate to the charity of their choice to help those in need —be it a local organization or an international aid agency. The American Red Cross is accepting donations for Haiti relief and are in close coordination with the Haitian Red Cross, the global Red Cross and Red Crescent network, and community partners who are responding to this tragedy. We will help meet the needs of families impacted by the quake — as we have done in the past alongside local organizations, international agencies, and other trusted partners.

Source: American Red Cross

Douglas Pointe Apartments

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FLAHERTY & COLLINS

Meals on Wheels launches new volunteer campaign "Turn over a new leaf"

September 2020 – Meals on Wheels announces a new volunteer campaign, "Turn over a new leaf"

Autumn is a time for the preservation of life and its basic necessities. Meals on Wheels is asking you to re-discover your purpose and "Turn over a new leaf" this season by becoming a volunteer meal delivery driver. Help continue our mission of delivering nutritious meals to those in need with the support of community volunteers. Be a part of something bigger than yourself and discover how you can become great by serving others - with only an hour and a half of your time as little as twice a month. Corporate volunteer teams from area businesses are also welcomed to join the Meals on Wheels team. Give back to the community and volunteer today!

The increased number of clients and meals we are serving means Meals on Wheels of Northwest Indiana urgently needs volunteer meal delivery drivers throughout Lake and Porter Counties, with the most urgent need in Merrillville, Hammond, Highland, Griffith, Hobart, Miller, Munster, and Whiting. Volunteers pick up meals at lunchtime at a meeting spot in their community and deliver to local people in need.

Additionally, volunteer van drivers are immediately needed to deliver food containers to designated locations. All van routes originate at our Merrillville facility.

Volunteers are the heart of Meals on Wheels. They establish a relationship with each client. Volunteers are trained to deliver a personal connection and wellness check with every single meal. Turn your compassion into action and become part of the Meals on Wheels team of volunteers and make a difference in your community. Register now for an upcoming volunteer driver training by contacting Charlie Misovye, Volunteer Manager at 219-756-3663 or charlie@mownwi.org. Attendance is limited.

Founded in 1977, Meals on Wheels of Northwest Indiana delivers 1,700 nutritious meals each day with a wellness check and friendly visit to people in Lake, Porter, Newton, and Jasper counties, with the support of community volunteers.

About Meals on Wheels of Northwest Indiana

The mission of Meals on Wheels of Northwest Indiana (MOWNWI) is to deliver nutrition to those in need with the support of volunteers and partners. Funding for meals is provided by people receiving meals, private foundations, individual grants, and donations. More information about Meals on Wheels can be found at mownwi.org, or follow us on Facebook, Instagram, LinkedIn, and Twitter.

Source: Meals on Wheels of Northwest Indiana

Death of a Gangster Murder Mystery Dinner

HAMMOND, IN - You've been invited to the Dunn Speakeasy for the wedding of the year! In this "married

to the mob" event, you'll never know who to trust. With the two families merging together, s o m e o n e is bound to



Parks & Recreation

lose power, which means someone else will lose their life! Get on the trolley and solve this case with your fellow detectives.

Dress like the cat's meow for this mafia wedding! Flapper dresses, zoot suits, feather boas and headbands, pinstriped suits fedoras are all appropriate. Traditional wedding attire is nifty too!

Tickets include a three-course dinner and entertainment.

Early bird tickets (by or before September 24th): \$45

> Regular Tickets (after September 24th to October 8th): \$50

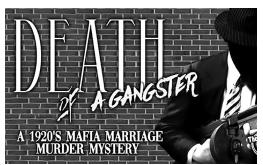
> Cash bar available serving beer and wine.

Food will be bу catered

Hammond's famous Freddy's Steakhouse, and the entertainment is provided by Chicago Murder Mystery Company (as seen on Real Housewives of Dallas!). RSVP at the Hammond Sportsplex by October 8 by stopping by or calling Selina at (219) 853-7667 or email baezs@gohammond.com.

Source: City of Hammond

Death of a Gangster A 1920's Mafia Marriage Murder Mystery Dinner Friday, October 22, 2021 6:00 PM to 9:00 PM Hammond Sportsplex 6630 Indianapolis Boulevard, Hammond





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Heart Attack and Sudden Cardiac Arrest Differences



People often use these terms interchangeably, but they are not synonyms. A heart attack is when blood flow to the heart is blocked, and sudden cardiac arrest is when the heart malfunctions and suddenly stops beating unexpectedly. A heart attack is a "circulation" problem and sudden cardiac arrest is an "electrical" problem.

What is a heart attack?

A heart attack occurs when a blocked artery prevents oxygen-rich blood from reaching a section of the heart. If the blocked artery is not reopened quickly, the part of the heart normally nourished by that artery begins to die. The longer a person goes without treatment, the greater the damage.

Symptoms of a heart attack may be immediate and intense. More often, though, symptoms start slowly and persist for hours, days or weeks before a heart attack. Unlike with sudden cardiac arrest, the heart usually does not stop beating during a heart attack. The heart attack

The Hammond NAACP Branch is having its annual Luncheon

Saturday, September 18, 2021

Noon to 3:00 PM.

Dynasty Banquet Hall
4141 Calumet Avenue
Hammond, IN.

Guest Speaker:
The Honorable Roland Parrish
Owner, President and CEO of Parrish McDonald's Restaurants
Entertainment by Sounds of Motown, and Comedian
For Tickets and Information, Contact: Rev. Homer Cobb, Branch President 219-670-0883
http://naacphammondin.org

symptoms in women can be different than men.

What is cardiac arrest?

Sudden cardiac arrest occurs suddenly and often without warning. It is triggered by an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia). With its pumping action disrupted, the heart cannot pump blood to the brain, lungs and other organs. Seconds later, a person loses consciousness and has no pulse. Death occurs within minutes if the victim does not receive treatment.

What is the link?

These two distinct heart conditions are linked. Sudden cardiac arrest can occur after a heart attack, or during recovery. Heart attacks increase the risk for sudden cardiac arrest. Most heart attacks do not lead to sudden cardiac arrest. But when sudden cardiac arrest occurs, heart attack is a common cause. Other heart conditions may also disrupt the heart's rhythm and lead to sudden cardiac arrest. These include a thickened heart muscle (cardiomyopathy), heart failure, arrhythmias, particularly ventricular fibrillation, and long Q-T syndrome.

Fast action can save lives. Find out what to do if someone experiences a heart attack or cardiac arrest.

What to do: Heart Attack

Even if you're not sure it's a heart attack, call

911 or your emergency response number. Every minute matters! It's best to call EMS to get to the emergency room right away. Emergency medical services staff can begin treatment when they arrive — up to an hour sooner than if someone gets to the hospital by car. EMS staff are also trained to revive someone whose heart has stopped. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.

What to do: Sudden Cardiac Arrest

Cardiac arrest is reversible in most victims if it's treated within a few minutes. First, call 911 for emergency medical services. Then get an automated external defibrillator if one is available and use it as soon as it arrives. Begin CPR immediately and continue until professional emergency medical services arrive. If two people are available to help, one should begin CPR immediately while the other calls 911 and finds an AED.

Sudden cardiac arrest is a leading cause of death – over 320,000 out-of-hospital cardiac arrests occur annually in the United States. By performing Hands-Only CPR to the beat of the classic disco song "Stayin' Alive," you can double or even triple a victim's chance of survival.

Source: American Heart Association



SEEKING INFORMATION

ASSAULT ON FEDERAL OFFICERS AND VIOLENCE AT THE UNITED STATES CAPITOL WASHINGTON, D.C. JANUARY 6, 2021



Photograph #117-AFO



Photograph #118-AFO



Photograph #119-AFO



Photograph #120-AFO



Photograph #121-AFO



Photograph #122-AFO



Photograph #123-AFO



Photograph #124-AFO



Photograph #125-AFO



Photograph #126-AFO

DETAILS

The Federal Bureau of Investigation's (FBI) Washington Field Office is seeking the public's assistance in identifying individuals who made unlawful entry into the United States Capitol Building and assaulted federal law enforcement personnel on January 6, 2021, in Washington, D.C.

Anyone with information regarding these individuals, or anyone who witnessed any unlawful violent actions at the Capitol or near the area, is asked to contact the FBI's Toll-Free Tipline at 1-800-CALL-FBI (1-800-225-5324) to verbally report tips. You may also submit any information, photos, or videos that could be relevant online at fbi.gov/USCapitol. You may also contact your local FBI office or the nearest American Embassy or Consulate.

When calling to provide a tip on one of these individuals, please reference the above photo number, including the AFO. **Field Office**: Washington D.C.

www.fbi.gov

